Quantum Einstein Gravity, Background Independence, and Asymptotic Safety

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# Effective Average Action Approach

- The effective average action  $\Gamma_k[g_{\mu\nu}, \cdots]$  is a scale dependent ("coarse grained") free energy functional for the metric.
- A Built-in Infrared Cutoff discriminates between high- and low-momentum modes.
  - Modes with p > k are fully integrated out.



- $\Gamma_k$  interpolates between the bare action  $S = \Gamma_{k \to \infty}$  and the standard effective action  $\Gamma = \Gamma_{k \to 0}$ .
- $\Gamma_k$  satisfies an exact or functional Renormalization Group equation (FRGE), symbolically:

M. Reuter, Phys. Rev. D 57 (1998) 971

(a) Starting point:  $\int \mathcal{D}\gamma_{\mu\nu} \exp(-S[\gamma_{\mu\nu}]) S[\gamma_{\mu\nu}]$  is the classical action, assumed to be diffeomorphism invariant.

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- (a) Starting point:  $\int \mathcal{D}\gamma_{\mu\nu} \exp(-S[\gamma_{\mu\nu}])$  $S[\gamma_{\mu\nu}]$  is the classical action, assumed to be diffeomorphism invariant.
- (b) Background field method:

decompose the quantum metric

$$\gamma_{\mu\nu}(x) = \overline{g}_{\mu\nu}(x) + h_{\mu\nu}(x)$$

•  $\overline{g}_{\mu\nu}$ : fixed background metric

(arbitrary, but never concretely specified)

•  $h_{\mu\nu}$ : quantum fluctuations

- (c) add background gauge fixing  $S_{gf}[h_{\mu\nu}; \overline{g}_{\mu\nu}] + \text{ghost terms}$
- (d) add external sources

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- (d) add external sources
- (e) expand  $h_{\mu\nu}$  in eigenmodes of  $\overline{D}^2 \equiv \overline{g}^{\mu\nu} \overline{D}_{\mu} \overline{D}_{\nu}$  and introduce IR-Cutoff in the spectrum of  $\overline{D}^2$  $\implies$  modes with  $-\overline{D}^2$ -eigenvalues  $< k^2$  are suppressed

(f) define the generating functional for the connected Green's functions  $W_k[\text{sources}; \overline{g}_{\mu\nu}]$ 

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(g) Legendre transformation

effective average action Γ<sub>k</sub>[g<sub>μν</sub>, g
<sub>μν</sub>, ghosts]

g<sub>μν</sub> is the classical analogue to the quantum metric γ<sub>μν</sub>

$$g_{\mu\nu} = \langle \gamma_{\mu\nu} \rangle = \overline{g}_{\mu\nu} + \langle h_{\mu\nu} \rangle$$

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### (h) derive functional RG equation

## The UV-Limit of Quantum Einstein Gravity

If there exists a non-Gaussian fixed point  $\Gamma_\ast,$ 

$$\beta_i(\Gamma_*) = 0, \quad \forall i,$$

Quantum Einstein Gravity is nonperturbatively renormalizable ("asymptotically safe").

Weinberg, 1979

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The quantum theory is described by a RG trajectory running inside the UV critical hypersurface of the FP, with

- $\bullet$  initial point:  $\Gamma_{\infty}=$  action infinitesimally close to  $\Gamma_{*}$
- end point:  $\Gamma_0 = \Gamma$

## UV critical Hypersurface $\mathcal{S}_{UV}$



$$\begin{split} \Delta_{UV} &\equiv \dim \mathcal{S}_{UV} \\ &:= \# \text{ relevant directions} \\ &:= \# \text{ free parameters in the asymptotically safe qft} \end{split}$$

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## Quantum Einstein Gravity (QEG)

 "Background independent" quantization scheme: No special metric plays any role!

The use of the background field technique provides "background independence".

• Fundamental action  $S = \Gamma_*$  is a prediction:

No special action plays any role!

- input: field content and symmetries  $\widehat{=}$  theory space
- output:  $\Gamma_* = S_{\text{Einstein-Hilbert}} + \text{"more"}$

The Einstein-Hilbert action often is a reliable approximation, but not distinguished conceptually.

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## **Einstein-Hilbert Truncation**

M. Reuter, Phys. Rev. D 57 (1998) 971

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ansatz:

$$\Gamma_k[g_{\mu\nu}, \overline{g}_{\mu\nu}, \cdots] = -\frac{1}{16\pi \ G_k} \int d^4x \sqrt{g} \left\{ R(g) - 2\Lambda_k \right\}$$
  
+ classical gauge fixing + ghost terms

#### • 2 running parameters:

Newton's constant  $G_k$ , dim.less  $g_k \equiv k^2 G_k$ cosmological constant  $\Lambda_k$ , dim.less  $\lambda_k \equiv \Lambda_k/k^2$ 

• RG flow described by sytem of ODEs

$$k\partial_k g_k = \beta_g(g_k, \lambda_k)$$
$$k\partial_k \lambda_k = \beta_\lambda(g_k, \lambda_k)$$

## **EH** Flow



M. Reuter and F. Saueressig, Phys. Rev. D 65 (2002) 065016

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M. Reuter and H.W., arXiv:0801.3287 [hep-th] M. Reuter and H.W., arXiv:0804.1475 [hep-th]

- Is a simplified version of QEG.
- disentangles conceptual from computational problems
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- Is a simplified version of QEG.
- disentangles conceptual from computational problems
- gauge fixing issues play no role
- Only the conformal factor of the metric is quantized: all metrics are taken to be conformal to g
  <sub>μν</sub>:

$$\begin{split} \gamma_{\mu\nu} &= \chi^2 \; \widehat{g}_{\mu\nu} \\ \overline{g}_{\mu\nu} &= \chi^2_{\mathsf{B}} \; \widehat{g}_{\mu\nu} \\ g_{\mu\nu} &= \langle \chi^2 \rangle \; \widehat{g}_{\mu\mu} \end{split}$$

Reference metric  $\hat{g}_{\mu\nu}$  is non-dynamical and concretely chosen once and for all !

• uses the same methods as full QEG:

effective average action approach with starting point

$$\int \mathcal{D}\chi \, \exp(-S[\chi])$$

background field method, decomposing

$$\chi(x) = \chi_{\mathsf{B}}(x) + f(x)$$

• uses the same methods as full QEG:

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- has the same qualitative features as full QEG
- shows the importance of "background independence" for the RG flow: It is a scalar-like theory, but its RG behavior is very different from that of a standard scalar matter field in a rigid background spacetime.

- The coarse graining scale  $k^{-1}$  of  $\Gamma_k[g,\overline{g}]$  should be a proper rather than a coordinate length.
- "background independence" of  $\Gamma_k$  and its RG flow:  $\implies k^{-1}$  can be proper only w.r.t.  $g_{\mu\nu}$  or  $\overline{g}_{\mu\nu}$ .

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#### our choice in QEG:

- $k^2$  is a cutoff in the spectrum of  $-\overline{\Box} \equiv -(D^{\mu} D_{\mu})(\overline{g})$ .
  - Typical structures (periods, ···) of the -□-eigenfunction with eigenvalue k<sup>2</sup> have a ḡ-proper size of order k<sup>-1</sup>.

- The IR cutoff *R<sub>k</sub>* suppresses (-□)-eigenfunctions with eigenvalues < k<sup>2</sup> by giving them a "mass" of order k. Those with larger eigenvalues must remain "massless".
- replacement:

$$(-\overline{\Box}) \longrightarrow (-\overline{\Box}) + k^2 R^{(0)} \left(-\frac{\overline{\Box}}{k^2}\right)$$

replacement for  $\chi_{\rm B} = const$  and  $\overline{g}_{\mu\nu} = \chi_{\rm B}^2 \ \widehat{g}_{\mu\nu}$ :

$$(-\widehat{\Box}) \longrightarrow (-\widehat{\Box}) + \chi_{\mathsf{B}}^2 k^2 R^{(0)} \left( - \frac{\widehat{\Box}}{\chi_{\mathsf{B}}^2 k^2} \right)$$

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Cf. standard QFT on a rigid background spacetime:

$$k^2$$
 is in the spectrum of  $-\widehat{\Box}$ !

## Truncations employed

### The conformally reduced Einstein-Hilbert ("CREH") truncation

$$\begin{split} \Gamma_{k}[\overline{f};\chi_{\mathrm{B}}] &\equiv \Gamma_{k}[\phi,\chi_{\mathrm{B}}] \\ &= -\frac{1}{16\pi \ G_{k}} \ \int \! \mathrm{d}^{4}x \sqrt{g} \left(R(g) - 2\Lambda_{k}\right) \bigg|_{g_{\mu\nu} \to \phi^{2} \ \widehat{g}_{\mu\nu}} \\ &= \frac{3}{4\pi \ G_{k}} \ \int \! \mathrm{d}^{4}x \sqrt{\widehat{g}} \ \left\{\frac{1}{2} \phi \widehat{\Box} \phi - \frac{1}{12} \ R(\widehat{g}) \ \phi^{2} + \frac{1}{6} \ \Lambda_{k} \ \phi^{4}\right\} \end{split}$$

•  $\Gamma_k$  depends only on the combination  $\phi = \chi_{\mathsf{B}} + \overline{f}$ .

• Theory space  $\{G, \Lambda\} \sim \{g, \lambda\}$  is 2-dimensional.

## Truncations employed

The local potential approximation (LPA)

$$\Gamma_{k}[\phi,\chi_{\mathrm{B}}] = \frac{3}{4\pi \,G_{k}} \,\int\!\mathrm{d}^{4}x \,\sqrt{\widehat{g}} \,\left\{\frac{1}{2}\,\phi\,\widehat{\Box}\,\phi - F_{k}(\phi)\right\}$$

• Theory space  $\{G, F(\cdot)\} \sim \{g, Y(\cdot)\}$  is  $\infty$ -dimensional.

$$\begin{array}{ll} \text{dimensionless} & Y_k(\varphi) = k^2 \, F_k(\varphi/k), \quad \varphi = k \, \phi, \\ \text{variables} & g_k \equiv k^2 \, G_k, \qquad \lambda_k \equiv \Lambda_k/k^2 \end{array}$$

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### $R^4$ topology and optimized cutoff function

$$k\partial_k G_k = \eta_N (G_k, [F_k]) G_k$$
$$k\partial_k F_k(\phi) = \eta_N F_k(\phi) - \frac{G_k}{24\pi} (1 - \frac{1}{6}\eta_N) \frac{\phi^6 k^6}{\phi^2 k^2 + F_k''(\phi)}$$
$$\eta_N = \cdots$$

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### $R^4$ topology and optimized cutoff function

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$$\eta_N = \cdots$$

Compare to QFT on rigid background:

$$\frac{\phi^6 k^6}{\phi^2 k^2 + F_k''(\phi)} \longrightarrow \frac{k^6}{k^2 + F_k''(\phi)}$$

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CREH flow:  $Y_k(\varphi) = -\frac{\lambda_k \varphi^4}{6}$ 



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### Two inequivalent quantization schemes:

- (a) rigid background quantization
- (b) "background independent" quantization

### RG flows are very different:

(a) standard ( $-\phi^4$ )-theory: no NGFP, asymptotically free (Symanzik, 1973)

(b) NGFP exists: asymptotically safe

The beta functions depend on the topology: for example  $R^4$ ,  $S^4$ , ...

#### Gaussian Fixed Point (GFP)

fixed point potential  $Y^{\scriptscriptstyle \mathsf{GFP}}_*(\varphi) = c \, \varphi^2$ 

Scaling dimensions at the GFP are shifted by 2 units:

for scaling field  $\varphi^n$ ,  $n \in \mathbb{R}$ , say:

- (a) rigid background quantization:  $\theta = n 4$
- (b) "background independent" quantization:  $\theta = n 2$

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#### Gaussian Fixed Point (GFP)

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#### Running of the cosmological constant near the GFP:

- (a) rigid background quantization:  $\Lambda_k \propto \ln(k)$
- (b) "background independent" quantization:  $\Lambda_k \propto G_0 k^4$

consistent with full QEG and approaches for summing up zero-point energies

 $R^4$  topology:

$$g_*^{ ext{NGFP}} = g_*^{ ext{CREH}}, \qquad Y_*^{ ext{NGFP}}(arphi) = y_* + rac{1}{6}\,\lambda_*^{ ext{CREH}}\,arphi^4$$

Scaling dimensions and scaling fields at the NGFP depend on the theory space chosen:

for example  $\{\varphi^m\}$ , with  $m \in \mathbb{N}$ ,  $m \in \mathbb{Z}$ ,  $m \in \mathbb{R}$ ,  $m \in \mathbb{C}$ ,  $\cdots$ 

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## Non-Gaussian Fixed Point

### $S^4$ topology (numerical solution)



Corresponds to infinitely many couplings approaching a non-trivial fixed point !

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- The gravitational average action is a "background independent" approach to quantum gravity.
- "Background independence" seems to be a (the?) crucial prerequisite for asymptotic safety.
- RG flow of the conformal factor is typical of the full set of metric degrees of freedom.