

Influence of nontrivial backgrounds and decoherence on vacuum decay

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Outline

- False Vacuum Decay
- Tunneling in Friedmann and Static Space-times
- Decoherence
- Localization of Vacuum Bubbles
- One-loop corrections

False Vacuum Decay

- scalar field theory with two minima

$$S_\phi = \int d^4x \left(\frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi) \right)$$

- transition amplitude given by Euclidean path integral

$$\langle \phi_t | e^{-HT} | \phi_f \rangle = N \int D\phi e^{-S_\phi} \approx A \exp(-S_E)$$

- Coleman's result for the imaginary part of the Euclidean action (assuming $O(4)$ -symmetry)

$$\Im(S_E) = \frac{27\pi^2 S_1^4}{4\epsilon^3}, \quad S_1 = \int_{\phi_t}^{\phi_f} d\phi \sqrt{2V(\phi)}$$

- reduction of infinitely many field degrees of freedom to single quantum variable

Effective Action

- Bubble radius R as effective quantum variable ($O(3)$ -symmetry)

$$\rightarrow S_R = \int dt \left(\int_{|\mathbf{x}| \leq R} d^3 x \sqrt{-\eta} \epsilon - \int_{|\mathbf{x}|=R} d^2 x \sqrt{-\gamma} \sigma \right)$$

- generalization to arbitrary space-time background

$$S_R = \int dt \left(\int_{|\mathbf{x}| \leq R} d^3 x \sqrt{-g} \epsilon - \int_{|\xi|=R} d^2 \xi \sqrt{-\gamma} \sigma \right)$$

- reduction of infinitely many degrees of freedom to *single* quantum mechanical degree of freedom as before

Friedmann Universe

- line element $ds^2 = a^2(y)(dy^2 - dx^2 - f^2(x)d\Omega^2)$

$$\begin{aligned} \implies S_{x,FRW} = & \int dy \left(4\pi\epsilon a^4(y) \int_0^{x(y)} dx' f^2(x') \right. \\ & \left. - 4\pi\sigma a^3(y) f^2(x) \sqrt{1 - \dot{x}^2(y)} \right) \end{aligned}$$

- ansatz $\sqrt{1 - \dot{x}^2} = g(y)\dot{x}$, g arbitrary

$$\implies \frac{\dot{a}}{a} - \frac{\dot{g}}{3g} - \frac{ga}{R_0} + \frac{2}{3} \frac{\partial_x f(x)}{f(x)\dot{x}} = 0$$

- from $x(y)$ (comoving radius) follows analytical expression for $a(y)$

Friedmann Universe

- scale factor for given shell trajectory

$$a(y) = \frac{\left(\frac{g(y)}{g(y_0)}\right)^{1/3} e^{-F(y)}}{C - \frac{1}{R_0} \int_{y_0}^y dy' \left(\frac{g(y')}{g(y_0)}\right)^{1/3} g(y') e^{-F(y')}}}$$

with

$$F(y) = \frac{2}{3} \int_{y_0}^y dy' \frac{\partial_x f(x)}{f(x) \dot{x}}$$

- shell trajectory determined by g

$$x(y) = \frac{R_{\text{phys}}}{a} = \int_{\tilde{y}_0}^y dy' \frac{1}{\sqrt{1 + g^2(y')}}}$$

Example I: De Sitter

- flat slicing

$$R_{\text{phys}} = -\frac{1}{Hz} \sqrt{\alpha^2 + \left(z + \frac{\alpha}{R_0 H}\right)^2}$$

- open slicing

$$R_{\text{phys}} = -\frac{1}{H \sinh(w)} \sqrt{\left(\frac{1 + A^2}{1 - A^2}\right)^2 \cosh^2(w + w_0) - 1}$$

with

$$A = \alpha \sqrt{1 + \frac{1}{R_0^2 H^2}}$$

Example I: De Sitter

- closed slicing

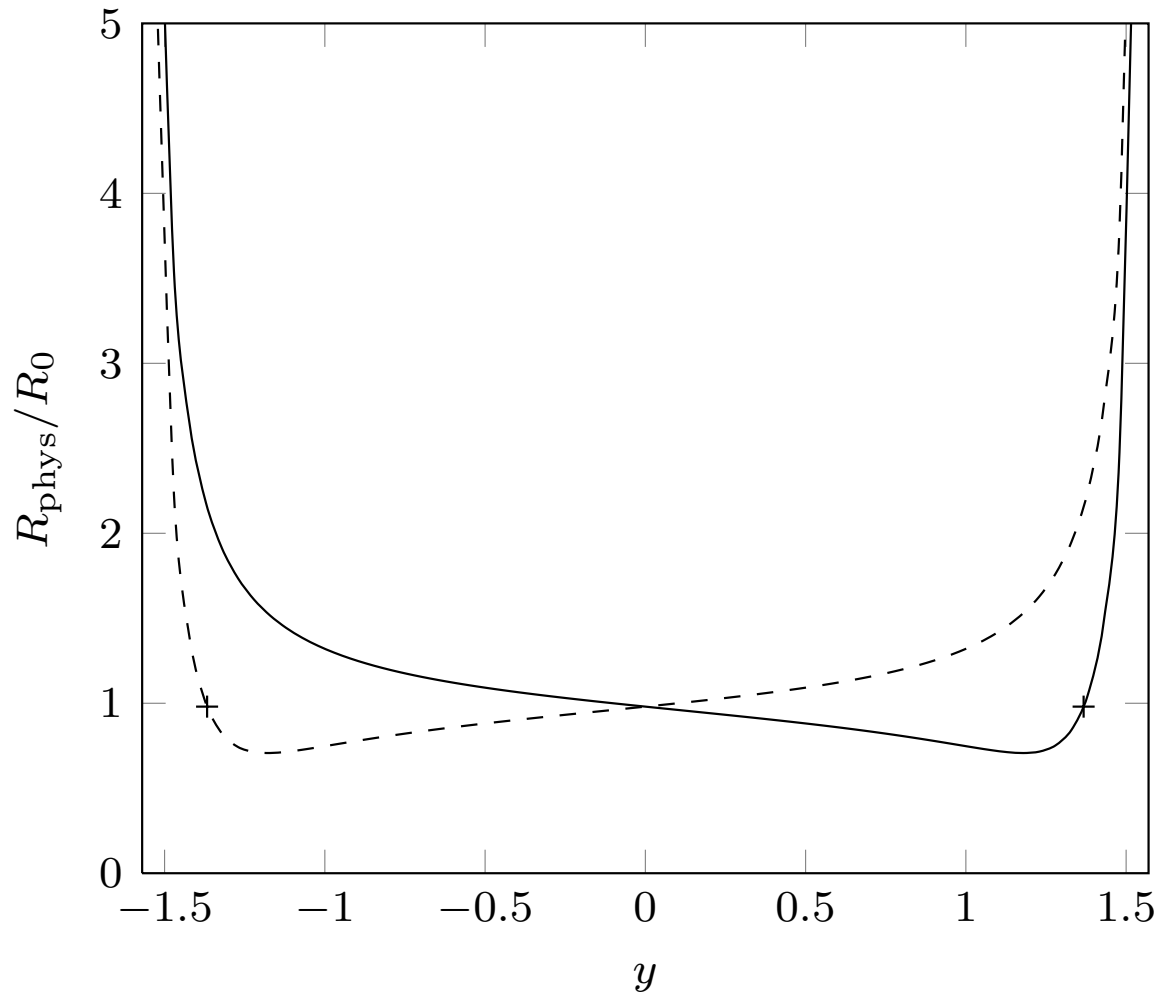
$$R_{\text{phys}} = \frac{1}{H \cos(y)} \sqrt{1 - \left(\frac{1 - A^2}{1 + A^2} \right)^2 \sin^2(y - y_0)}$$

- decay rate does not depend on choice of coordinates (see coordinate invariant approach of Coleman)
- imaginary part of euclidean action (Parke 1983):

$$\Im(S) = \frac{\pi^2 \epsilon}{3H^4} \frac{\left(1 - \sqrt{1 + R_0^2 H^2}\right)^2}{\sqrt{1 + R_0^2 H^2}}$$

- $\epsilon \rightarrow 0 : \Im(S) = \pi^2 \sigma / H^3$ and $H \rightarrow 0 : \Im(S) = 27\pi^2 S_1^4 / (4\epsilon^3)$

Shell Trajectories



Example 2: Power-Law Scale Factors

- analytical solution only possible for degenerate vacua, i.e. $\epsilon = 0$
- choice of trajectory:

$$x(z) = \sqrt{\alpha^2 + \frac{2n-2}{2n+1}z^2}$$

- corresponding scale factor:

$$a(z) = \frac{1}{H} \left(-\frac{n-1}{n}z \right)^{-\frac{n}{n-1}} \left(1 + \frac{6(n-1)}{(2n+1)^2} \frac{z^2}{\alpha^2} \right)^{1/6},$$

- de Sitter limit for $n \rightarrow \infty$

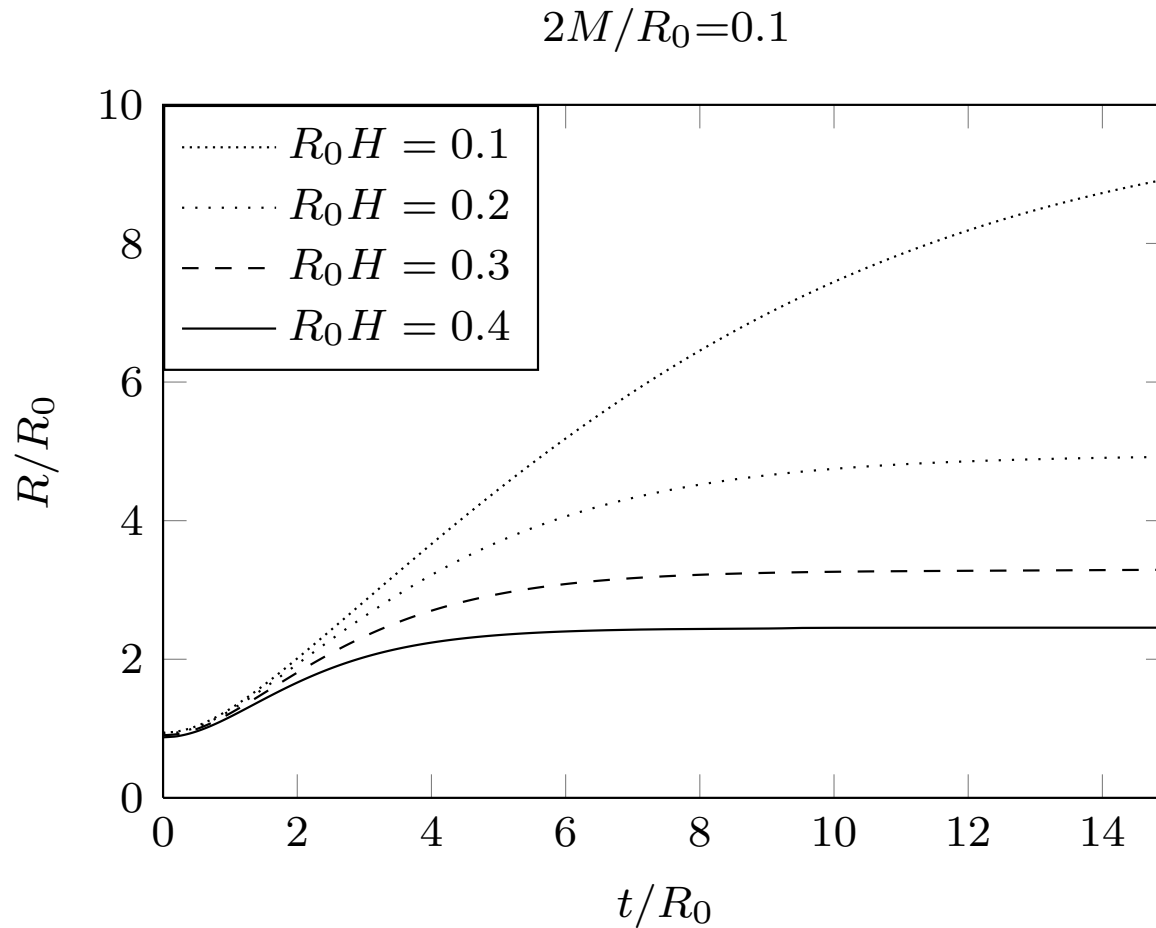
Static Space-times

- time-independent Lagrangian
⇒ equations of motion solved using conservation of energy
- $O(3)$ -invariant line-element $ds^2 = f(r)dt^2 - f^{-1}(r)dr^2 - r^2d\Omega^2$
- reparametrization of square-root-Lagrangian leads to effective potential:

$$V(x) = \frac{2\pi}{3}\epsilon R_0^4 x^2 f^{-1}(f - x^2)$$

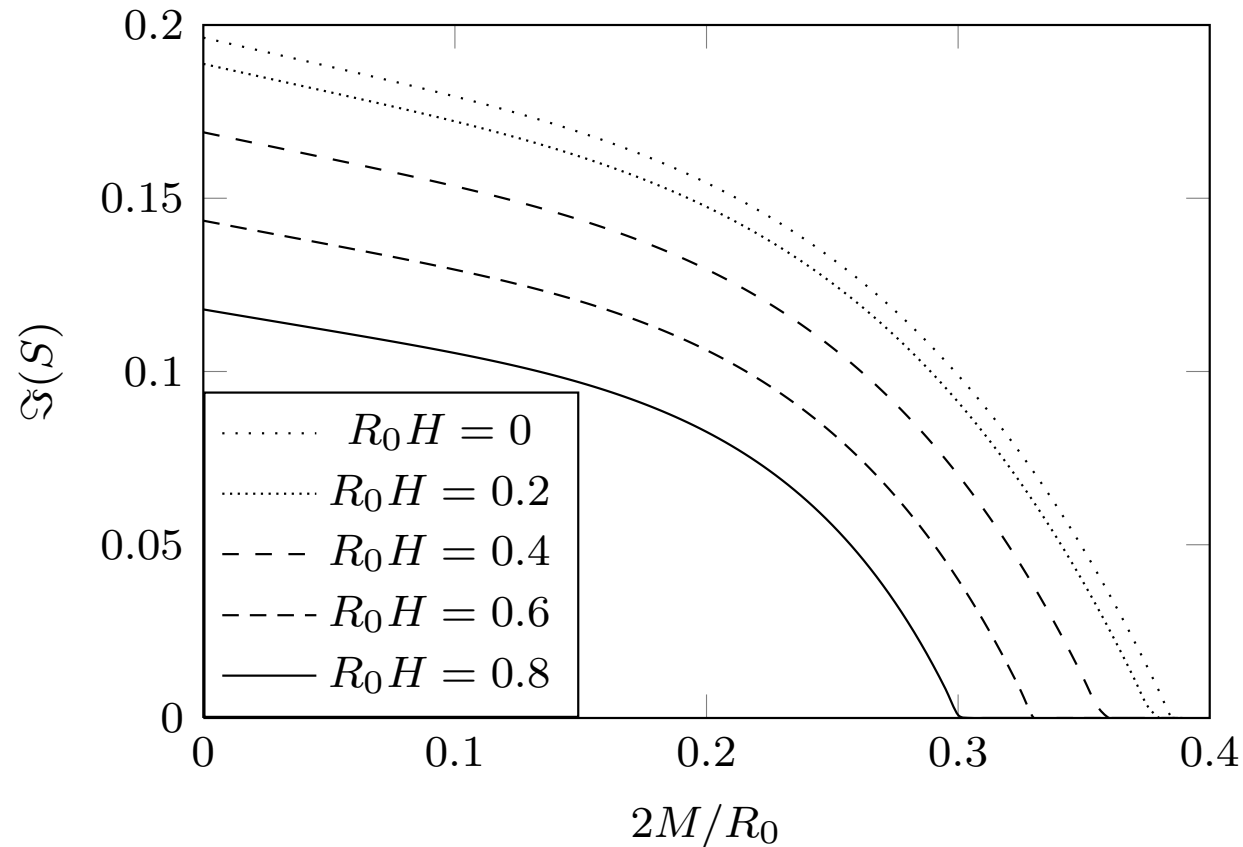
- examples: Schwarzschild-de Sitter (mass M and horizon H) and Reissner-Nordström (mass M and charge Q)

SDS Trajectories



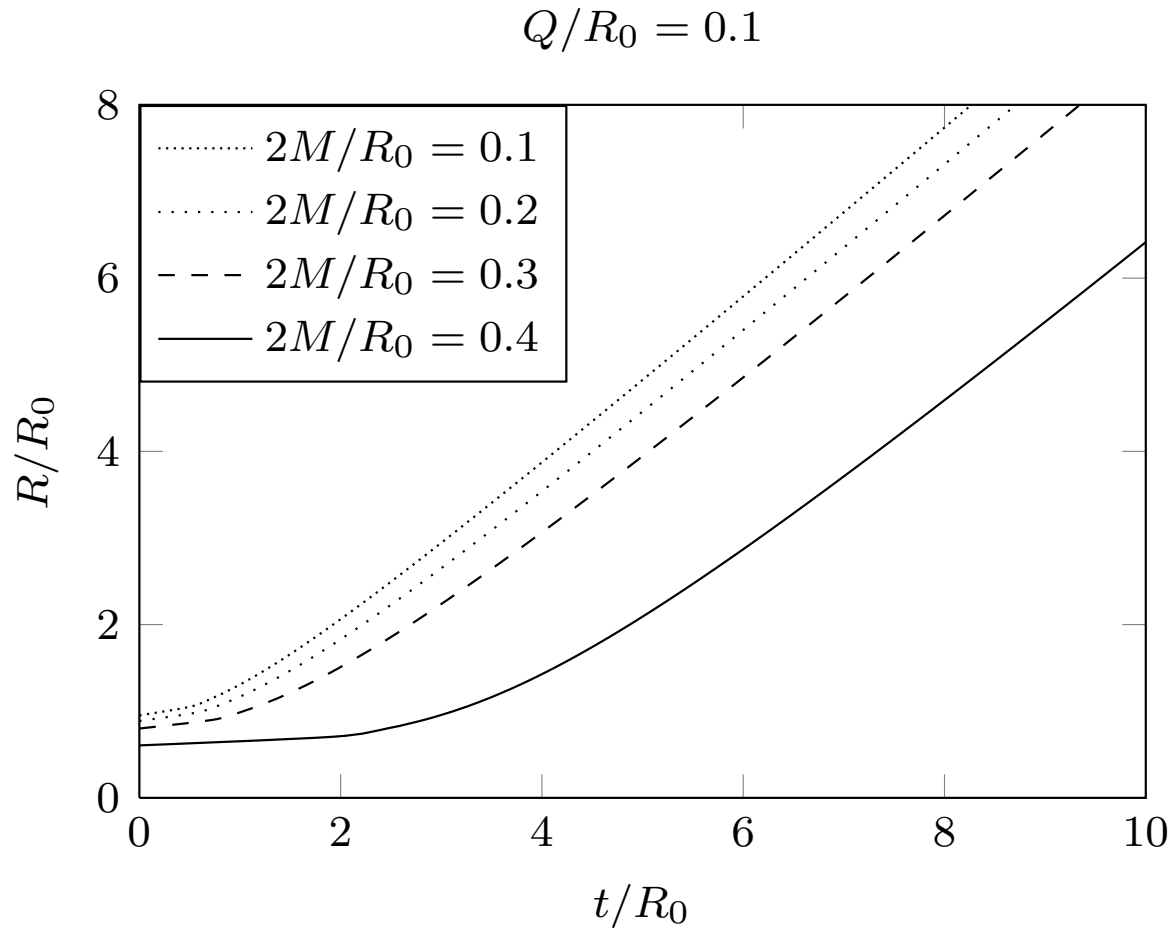
● tunneling always occurs between the horizons

SDS Action



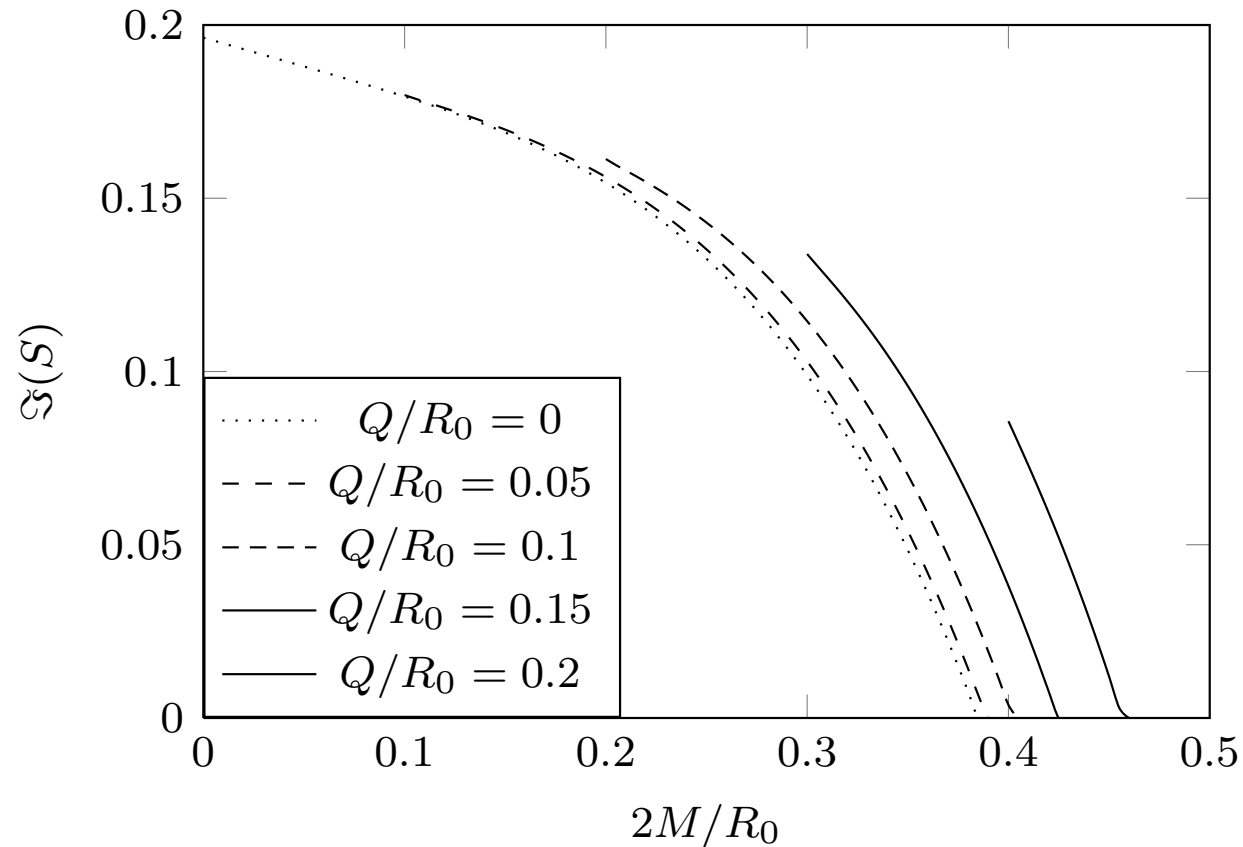
● barrier and action vanish for $M > R_0 / \sqrt{27(1 + R_0^2 H^2)}$

RN Trajectories



● unlimited expansion of the bubble

RN Action



● tunneling observable for $Q^2 < M^2 < \frac{R_0^2}{54} \left(1 + 36 \frac{Q^2}{R_0^2} + \left(1 - 12 \frac{Q^2}{R_0^2} \right)^{3/2} \right)$

Decoherence

- $\hbar \rightarrow 0$ not sufficient for quantum-to-classical transition
- generation of entanglement between system and environment explains classical appearance
- phase relations delocalized in the environment
- coherences not locally observable, no interference effects
- $H_{\text{int}} = \sum_n |n\rangle\langle n| \otimes A_n$

$$\implies \sum_n c_n |n\rangle |\Phi_{\text{in}}\rangle \rightarrow \sum_n c_n |n\rangle |\Phi_n\rangle$$

$$\implies \rho_{\text{sys}} = \sum_{nm} c_n c_m^* |n\rangle\langle m| \rightarrow \sum_{nm} c_n c_m^* \langle \Phi_n | \Phi_m \rangle |n\rangle\langle m|$$

Bubble-Environment Interaction

- environmental field ψ bi-linearly coupled to field ϕ

$$S_{\text{int}} = g \int d^4x \phi \psi = g(\phi_t - \phi_f) \int dt \sum_{\mathbf{k}} \frac{4\pi}{k^3} (\sin(kR) - kR \cos(kR)) \psi_{\mathbf{k}}$$

- rough approximation: effective two-state system
- suppression of coherences for vanishing temperature:

$$\rho_{S,01}(t) = \rho_{S,01}(0) \exp \left[-\frac{4g^2}{9} (\phi_f - \phi_t)^2 R_0^6 \left(\frac{7}{4} + \ln \left(\frac{t}{2R_0} \right) \right) \right]$$

- compare with standard result from spin-boson model

$$\Gamma(t) = \ln[\rho_{S,01}(t)/\rho_{S,01}(0)] = -\lambda \frac{1}{2} \ln(1 + \Omega^2 t^2) - \lambda \ln \left(\frac{\sinh(t\pi T)}{t\pi T} \right)$$

Growing Vacuum Bubble

- exact solution not possible → master equation
- factor ordering ambiguities due to the square-root term in the system Hamiltonian

$$H_{\text{sys}} = \sqrt{16\pi^2 \hat{R}^4 \sigma^2 + \hat{P}_R^2} - \frac{4\pi \hat{R}^3 \epsilon}{3}$$

- assumption: momentum P_R dominates
- Heisenberg operators:

$$\begin{aligned}\hat{R}^H(t) &= \hat{R}_0 \pm |t| \\ \hat{P}_R^H(t) &= \hat{P}_R(0) + \frac{4\pi\epsilon}{3} \left((\hat{R}_0 \pm |t|)^3 - \hat{R}_0^3 \right).\end{aligned}$$

Reduced Density Matrix

- solution of the master equation for $t \gg R, R'$

$$\rho(R, R', t) \approx \rho(R, R', 0) \exp \left[-\frac{g^2}{90} (\phi_t - \phi_f)^2 t^4 (R - R')^2 \right].$$

- result sensitive to vacuum bubble size
- t^4 -dependence represents increasing space-time volume of the expanding bubble
- quantum-to-classical transition immediately after nucleation
- analogous effect: decay of alpha particles

Modified Tunneling Rate

- dissipation leads to friction term in equations of motion

$$\frac{1}{R^2} \frac{d}{dT} \left(\frac{4\pi\sigma R^2 \dot{R}}{\sqrt{1 + \dot{R}^2}} \right) = -4\pi\epsilon + \frac{8\pi\sigma}{R} \sqrt{1 + \dot{R}^2} + \frac{4g^2}{3} (\phi_t - \phi_f)^2 \int_{-\infty}^{\infty} dT' \frac{R^3 - R'^3}{(T - T')^2}$$

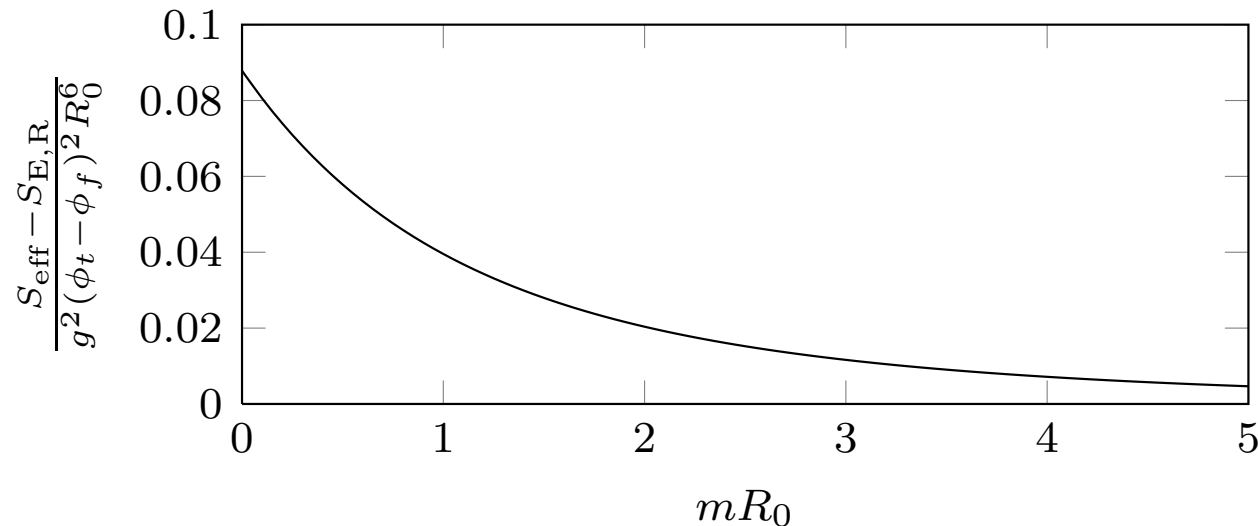
- effective action has positive definite correction term

$$S_{\text{eff}} = S_{\text{E,R}} + \int_{-\infty}^{\infty} dT' \int_0^{T_0} dT \sum_{\mathbf{k}} \frac{e^{-\sqrt{k^2 + m^2} |T - T'|}}{8\mathcal{V} \sqrt{k^2 + m^2}} (f_{\mathbf{k}}(R) - f_{\mathbf{k}}(R'))^2$$

- \implies reduction of tunneling rate (Caldeira-Leggett model)

Modified Tunneling Rate

- spectral density is determined through Lorenz-invariance of the field theory
- integral is UV- and IR convergent
- mass-dependence of correction term (neglecting back-reaction):



One-loop corrections

- correction of order \hbar are determined by ratio of functional determinants:

$$\Gamma = \frac{S_{\text{eff}}^2}{4\pi^2} \left| \frac{\text{Det}(\delta^2 \tilde{S}_{\text{eff}} / \delta \phi^2)}{\text{Det}'(\delta^2 S_{\text{eff}} / \delta \phi^2)} \right|^{1/2} \exp(-S_{\text{eff}})$$

- for $g = 0$: determinant has one negative eigenvalue (Coleman 1980)
- summation over instantons and anti-instantons:

$$E_{1/2} = \mathcal{V}T(\rho_0 \pm \Gamma)$$

- \implies small imaginary correction to eigenenergies
- vacuum becomes perturbatively unstable
- is this also true for $g \neq 0$?

One-loop corrections

- effective action for field ϕ

$$S_{\text{eff}} = S_{\text{E},\phi} + \frac{g^2}{(4\pi)^2} \int dT \int dT' \int d\mathbf{x}^3 \int d\mathbf{y}^3 \times$$
$$\times \left(\frac{\phi(|\mathbf{x}|, T)\phi(|\mathbf{y}|, T)}{|\mathbf{x} - \mathbf{y}|^2 + |T - T'|^2} - \frac{\phi(|\mathbf{x}|, T')\phi(|\mathbf{y}|, T)}{|\mathbf{x} + \mathbf{y}|^2 + |T - T'|^2} \right)$$

- choose embedding: $\phi_\lambda = \bar{\phi}(|\mathbf{x}|/\lambda, T/\lambda)$ and vary action with respect to λ
- effective action is positive and at least one negative eigenvalue

$$S_{\text{eff}}(\bar{\phi}) = \frac{1}{6} \int d^4x (\partial_\mu \bar{\phi})^2 > 0,$$
$$\left. \frac{d^2 S_{\text{eff}}(\phi_\lambda)}{d\lambda^2} \right|_{\lambda=1} = -2 \int d^4x (\partial_\mu \bar{\phi})^2 < 0$$

Conclusions

- we determined tunneling rates and tunneling trajectories of vacuum bubbles for different space-time backgrounds
- nucleation rate increases with H and M
- no gravity back-reaction was taken into account (inclusion of Ricci scalar)
- decoherence explains quantum-to-classical transition of growing bubble
- reduction of tunneling rate due to dissipation