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# Neutron stars. Lecture 2

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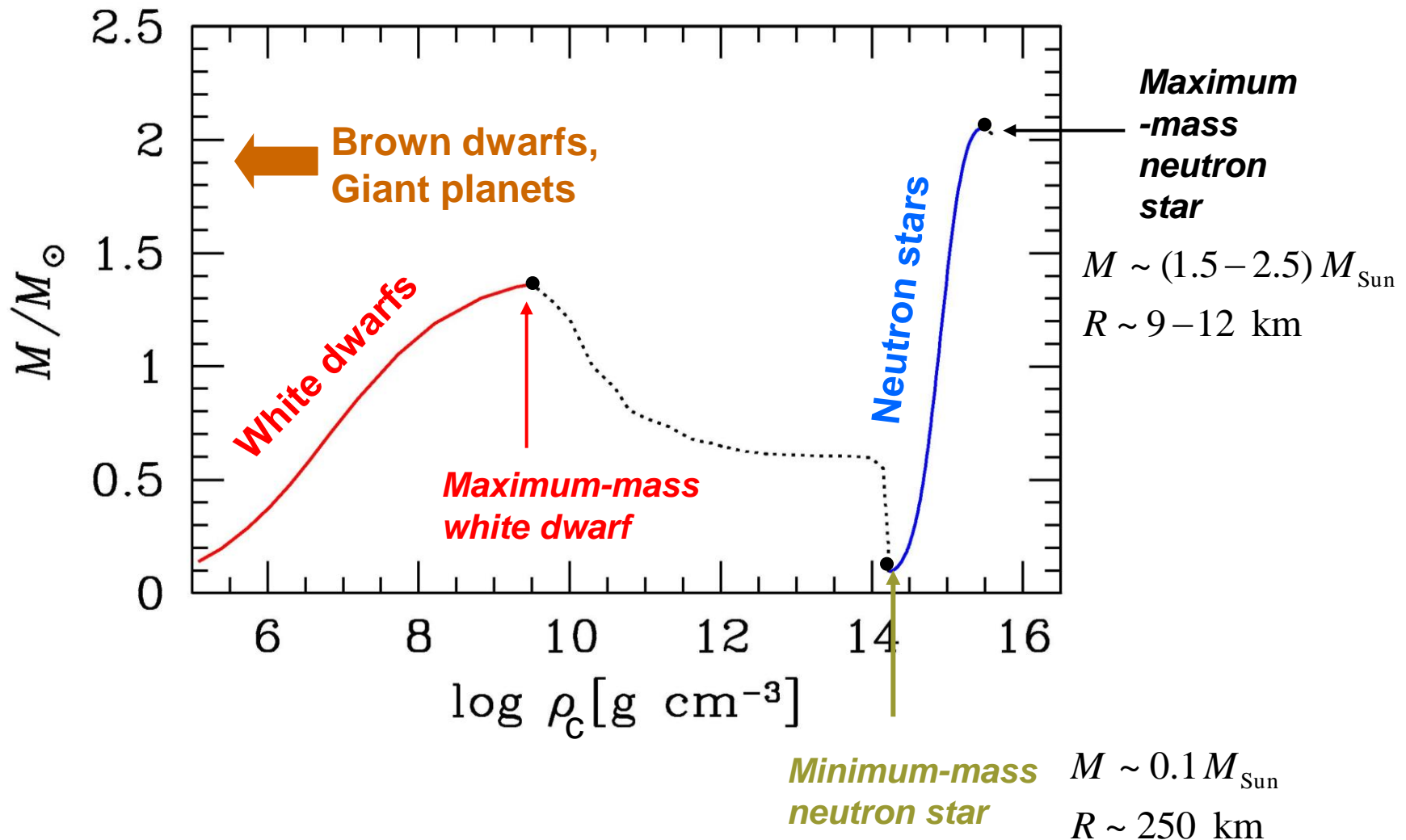


# NS Masses

- Stellar masses are directly measured only in binary systems
- Accurate NS mass determination for PSRs in relativistic systems by measuring PK corrections
- Gravitational redshift may provide  $M/R$  in NSs by detecting a *known* spectral line,

$$E_{\infty} = E(1-2GM/Rc^2)^{1/2}$$

# Neutron stars and white dwarfs



Remember about the difference between baryonic and gravitational masses in the case of neutron stars!

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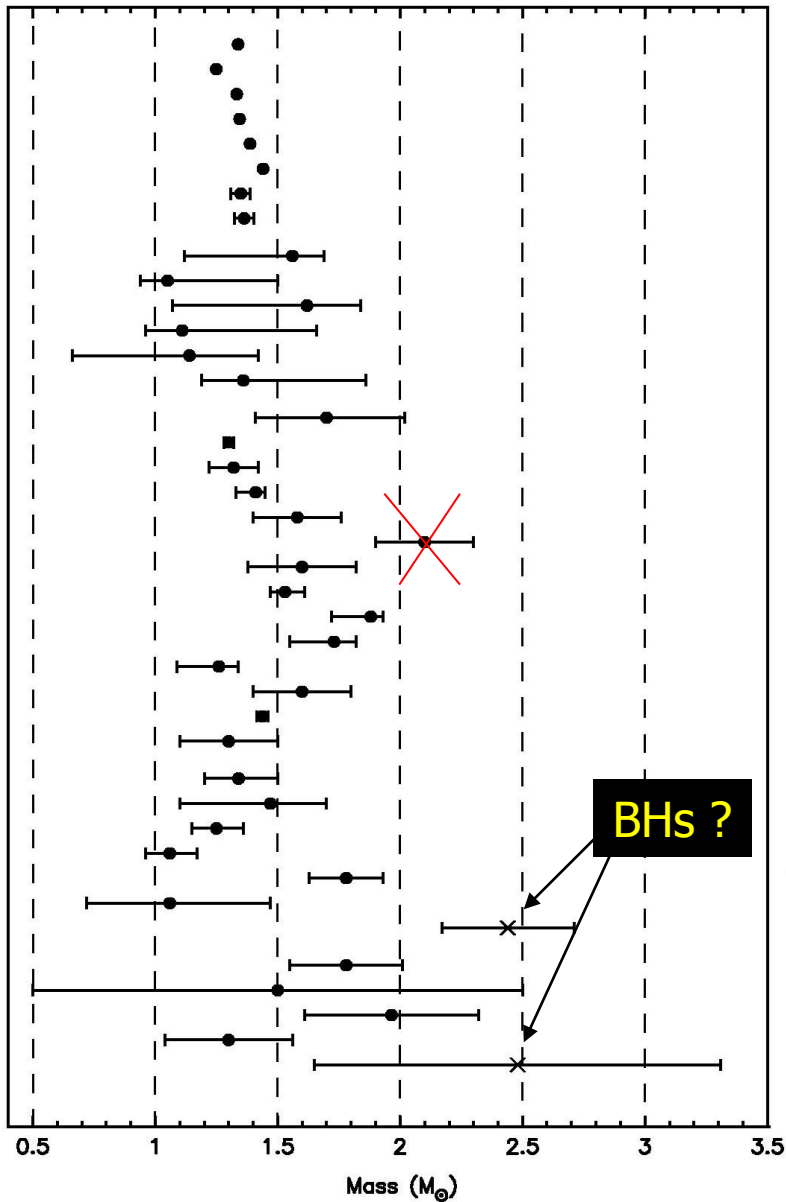
# Minimal mass

In reality, minimal mass is determined by properties of protoNSs. Being hot, lepton rich they have much higher limit: about 0.7 solar mass.

Stellar evolution does not produce NSs with baryonic mass less than about 1.4 solar mass.

Fragmentation of a core due to rapid rotation potentially can lead to smaller masses, but not as small as the limit for cold NSs.

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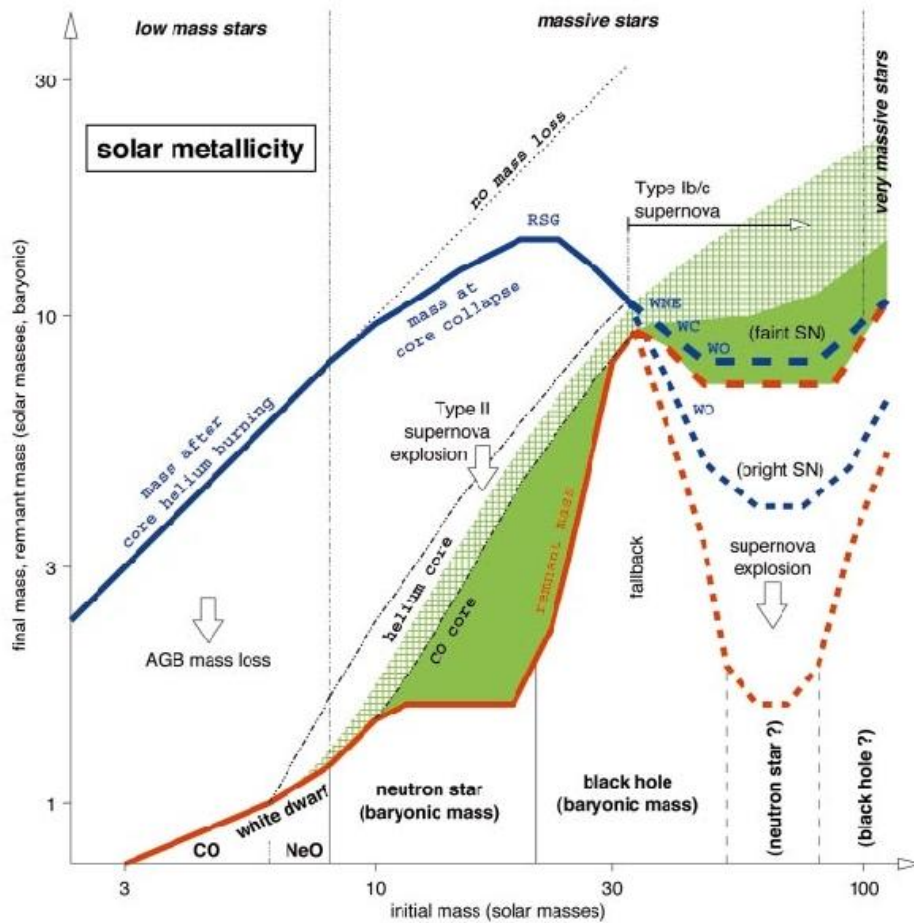
PSR J0737-3039A	PSR+NS
PSR J0737-3039B	
PSR B1534+12	
PSR B1534+12 comp	
PSR B1913+16	
PSR B1913+16 comp	
PSR B2127+11C	
PSR B2127+11C comp	
PSR J1518+4904	
PSR J1518+4904 comp (?)	
PSR J1811-1736	PSR+WD
PSR J1811-1736 comp (?)	
PSR J1829+2456	
PSR J1829+2456 comp (?)	
PSR J0621+1002	
PSR J1141-6545	
PSR B2303+46	
PSR J0024-7204H	
PSR J0437-4715	
PSR J0751+1807	
PSR J1012+5307	HMXB
PSR J1713+0747	
PSR J1748-2446I	
PSR J1748-2446J	
PSR B1802-07	
PSR B1855+09	
PSR J1909-3744	
PSR J2019+2425	
Cen X-3	
Her X-1	
LMC X-4	LMXB
SMC X-1	
Vela X-1	LMXB
4U 1538-52	
4U 1700-37	
Cyg X-2	LMXB
Cen X-4	
X1822-371	
XTE J2123-058	
2S 0921-630	

Here, of course, gravitational masses are measured

# Compact objects and progenitors.

## Solar metallicity.

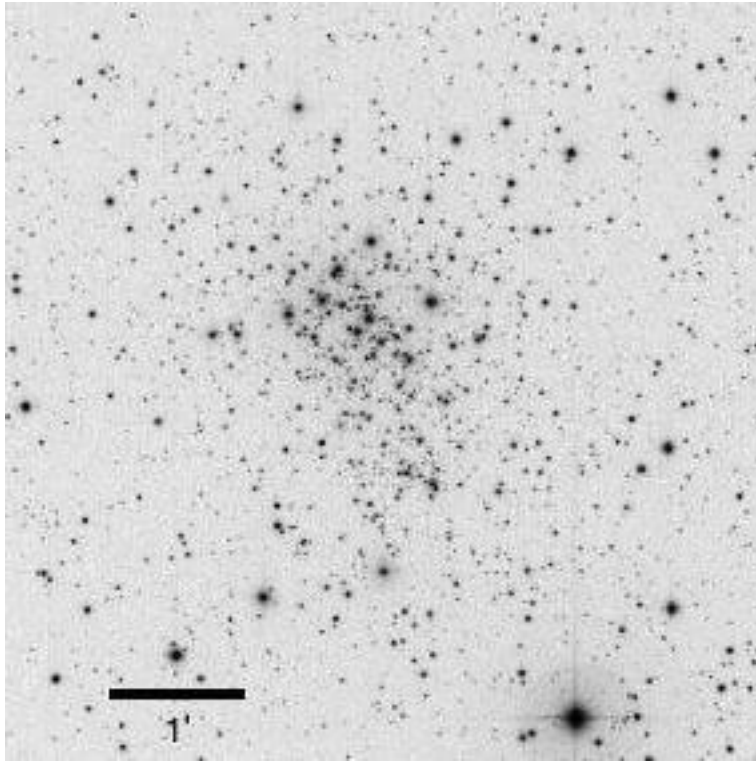
There can be a range of progenitor masses in which NSs are formed, however, for smaller and larger progenitors masses BHs appear.



(Woosley et al. 2002)

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# A NS from a massive progenitor



Anomalous X-ray pulsar in the association Westerlund1 most probably has a very massive progenitor,  $>40 M_{\odot}$ .

(astro-ph/0611589)

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# NS+NS binaries

Secondary companion in double NS binaries can give a good estimate of the initial mass if we can neglect effects of evolution in a binary system.

	Pulsar	Pulsar mass	Companion mass
	B1913+16	1.44	1.39
GC →	B2127+11C	1.35	1.36
	B1534+12	1.33	1.35
	J0737-3039	1.34	1.25
	J1756-2251	1.40	1.18
	J1518+4904	<1.17	>1.55 → 0808.2292
Non- →	J1906+0746	1.25	1.35
recycled	J1811-1736	1.63	1.11
	J1829+2456	1.14	1.36

Also there are candidates, for example PSR J1753-2240  
arXiv:0811.2027

In NS-NS systems we can neglect all tidal effects etc.



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# NS+WD binaries

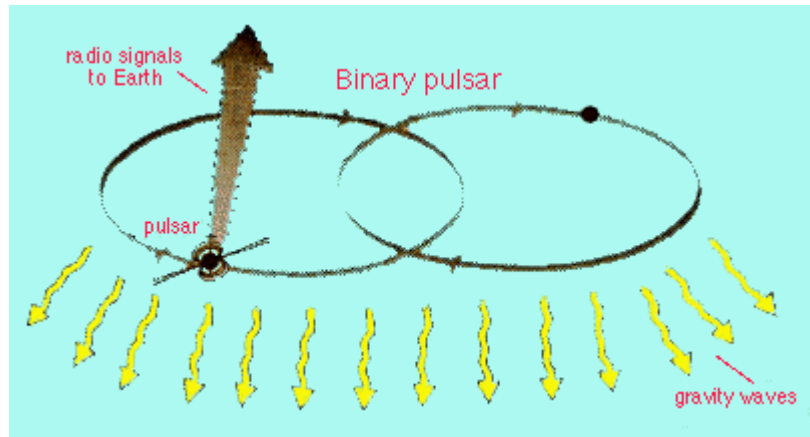
## Some examples

1. PSR J0437-4715. WD companion [[0801.2589](#), [0808.1594](#) ].  
The closest millisecond PSR.  $M_{\text{NS}}=1.76\pm 0.2$  solar.  
Hopefully, this value will not be reconsidered.
2. The case of PSR J0751+1807.  
Initially, it was announced that it has a mass  $\sim 2.1$  solar [[astro-ph/0508050](#)].  
However, then in 2007 at a conference the authors announced that the result was incorrect. Actually, the initial value was  $2.1\pm 0.2$  (1 sigma error).  
New result:  $1.24 \pm 0.14$  solar  
[Nice et al. 2008, Proc. of the conf. “40 Years of pulsars”]
3. PSR B1516+02B in a globular cluster.  $M\sim 2$  solar ( $M>1.72$  (95%)).  
A very light companion. Eccentric orbit. [[Freire et al. arXiv: 0712.3826](#)]  
Joint usage of data on several pulsars can give stronger constraints on the lower limit for NS masses.

It is expected that most massive NSs get their additional “kilos” due to accretion from WD companions [[astro-ph/0412327](#) ].

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# Binary pulsars



$$\frac{d\Delta_{E\odot}}{dt} = \sum_i \frac{Gm_i}{c^2 r_i} + \frac{v_{\oplus}^2}{2c^2} - \text{constant} .$$

$$\Delta_{S\odot} = -\frac{2GM_{\odot}}{c^3} \log(1 + \cos \theta) ,$$

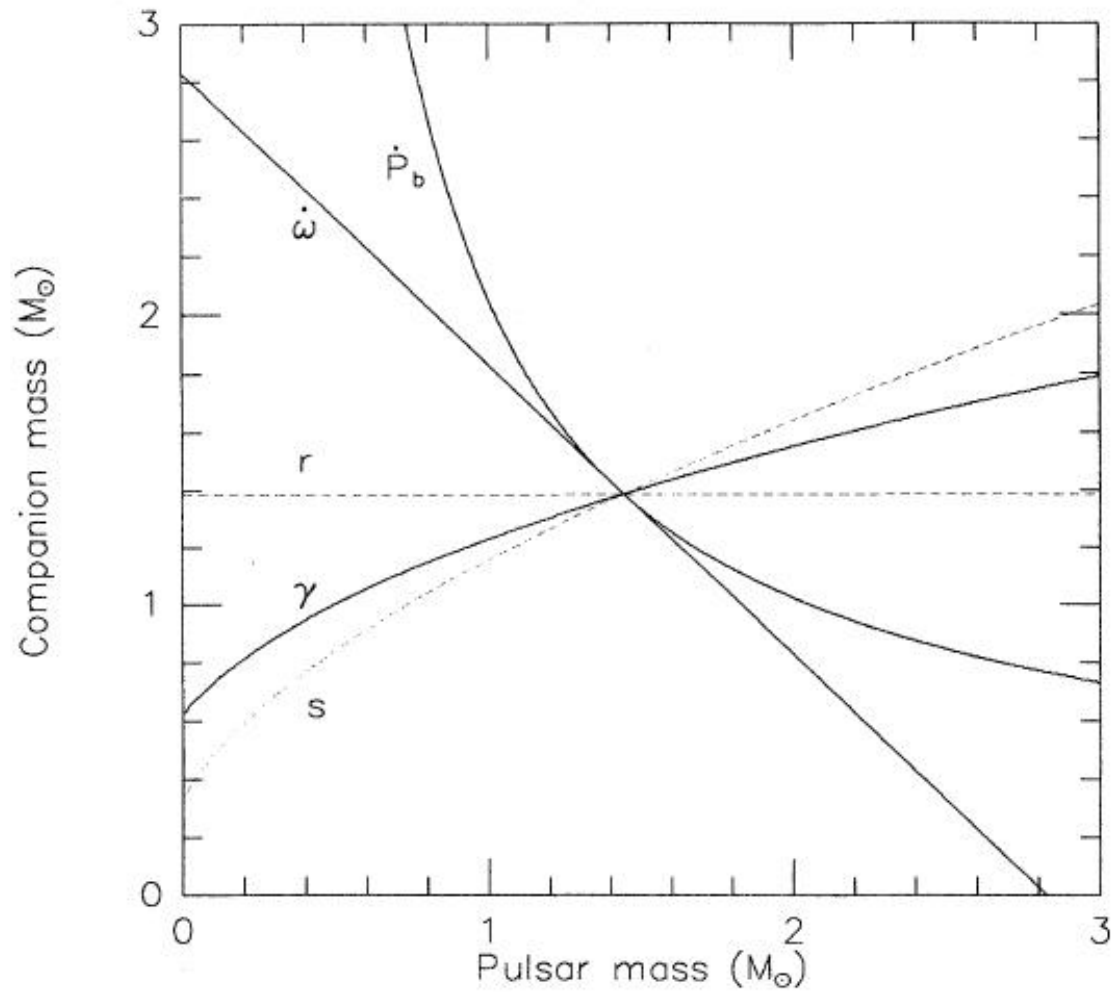
$$T = t_{\text{obs}} - t_0 + \Delta_C - D/f^2 + \Delta_{R\odot}(\alpha, \delta, \mu_{\alpha}, \mu_{\delta}, \pi) \\ + \Delta_{E\odot} - \Delta_{S\odot}(\alpha, \delta) \\ - \Delta_R(x, e, P_b, T_0, \omega, \dot{\omega}, \dot{P}_b) - \Delta_E(\gamma) - \Delta_S(r, s)$$

# Relativistic corrections and measurable parameters

$$\begin{aligned}\dot{\omega} &= 3 \left[ \frac{P_b}{2\pi} \right]^{-5/3} (T_{\odot} M)^{2/3} (1-e^2)^{-1}, \\ \gamma &= e \left[ \frac{P_b}{2\pi} \right]^{1/3} T_{\odot}^{2/3} M^{-4/3} m_2 (m_1 + 2m_2), \\ \dot{P}_b &= -\frac{192\pi}{5} \left[ \frac{P_b}{2\pi} \right]^{-5/3} \left[ 1 + \frac{73}{24}e^2 + \frac{37}{96}e^4 \right] \\ &\quad \times (1-e^2)^{-7/2} T_{\odot}^{5/3} m_1 m_2 M^{-1/3}, \\ r &= T_{\odot} m_2, \\ s &= x \left[ \frac{P_b}{2\pi} \right]^{-2/3} T_{\odot}^{-1/3} M^{2/3} m_2^{-1}.\end{aligned}$$

For details see  
Taylor, Weisberg 1989  
ApJ 345, 434

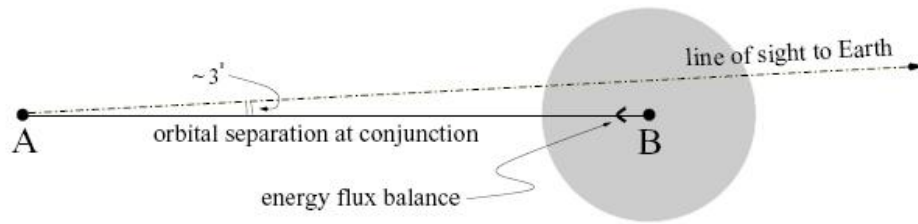
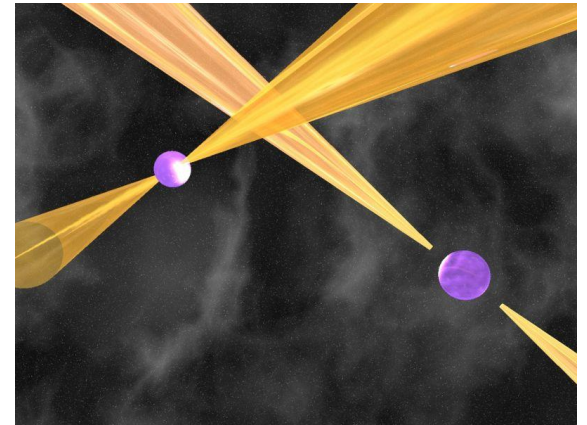
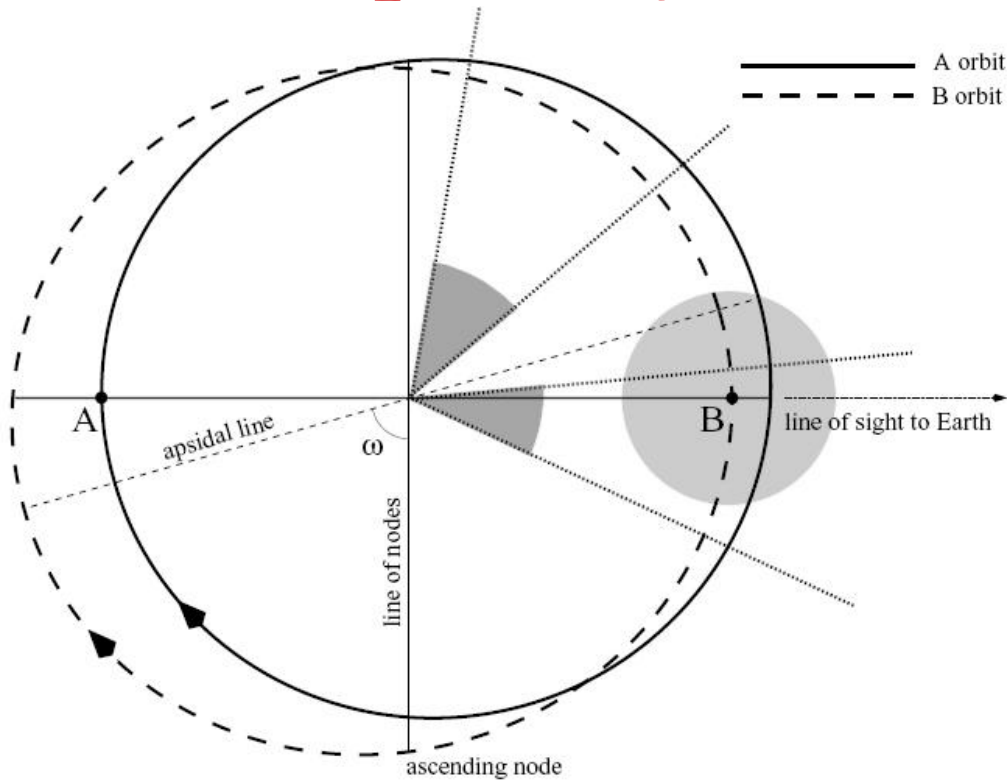
# Mass measurements



PSR 1913+16

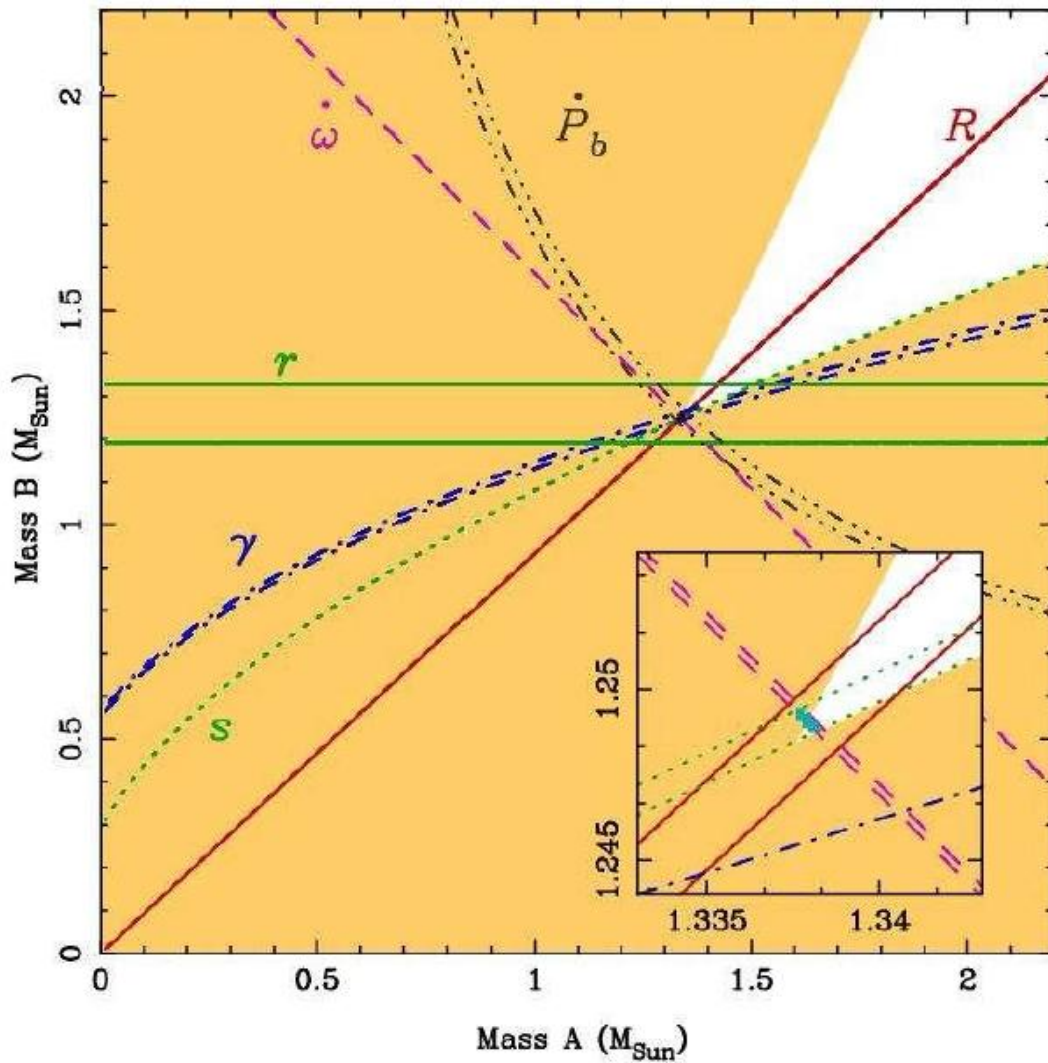
(Taylor)

# Double pulsar J0737-3039



(Lyne et al. astro-ph/0401086)

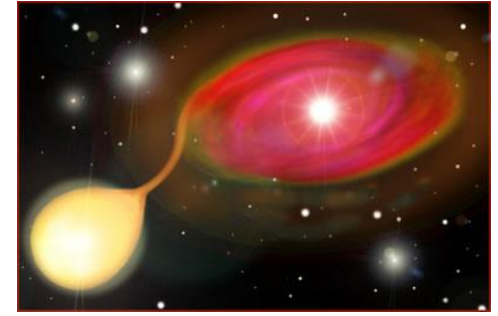
# Masses for PSR J0737-3039



The most precise values.

(Kramer et al. astro-ph/0609417)

# Mass determination in binaries: mass function



$$f_v(m) \frac{m_x^3 \sin^3 i}{(m_x + m_v)^2} = 1,038 \cdot 10^{-7} K_v^3 P (1 - e^2)^{3/2},$$

$m_x, m_v$  - masses of a compact object and of a normal star (in solar units),  
 $K_v$  – observed semi-amplitude of line of sight velocity of the normal star (in km/s),  
 $P$  – orbital period (in days),  $e$  – orbital eccentricity,  $i$  – orbital inclination  
(the angle between the orbital plane and line of sight).

One can see that the mass function is the lower limit for the mass of a compact star.

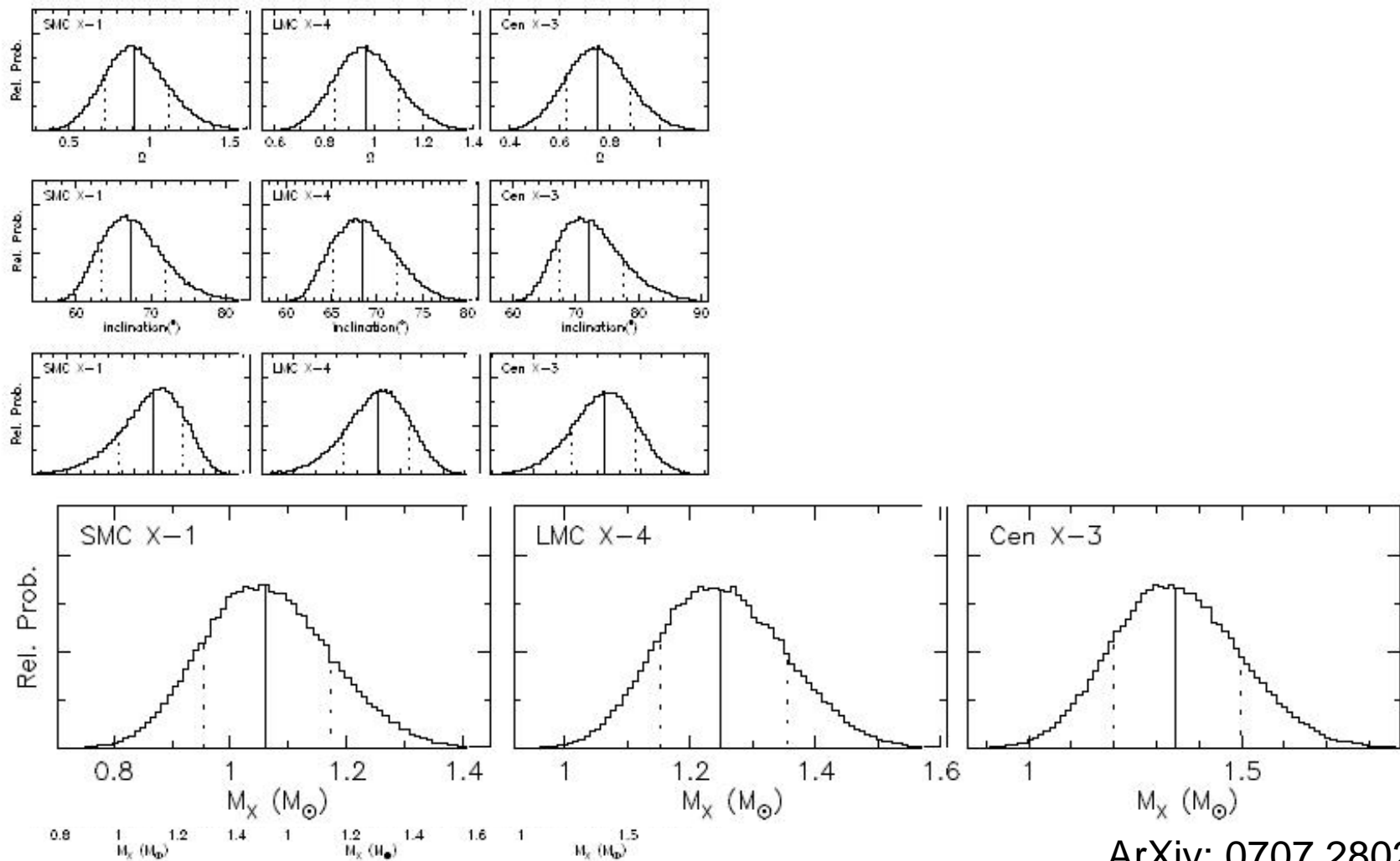
The mass of a compact object can be calculated as:

$$m_x = f_v(m) \left(1 + \frac{m_v}{m_x}\right)^2 \frac{1}{\sin^3 i}.$$

So, to derive the mass it is necessary to know (besides the line of sight velocity) independently two more parameters: mass ratio  $q = m_x/m_v$ , and orbital inclination  $i$ .

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# Some mass estimates

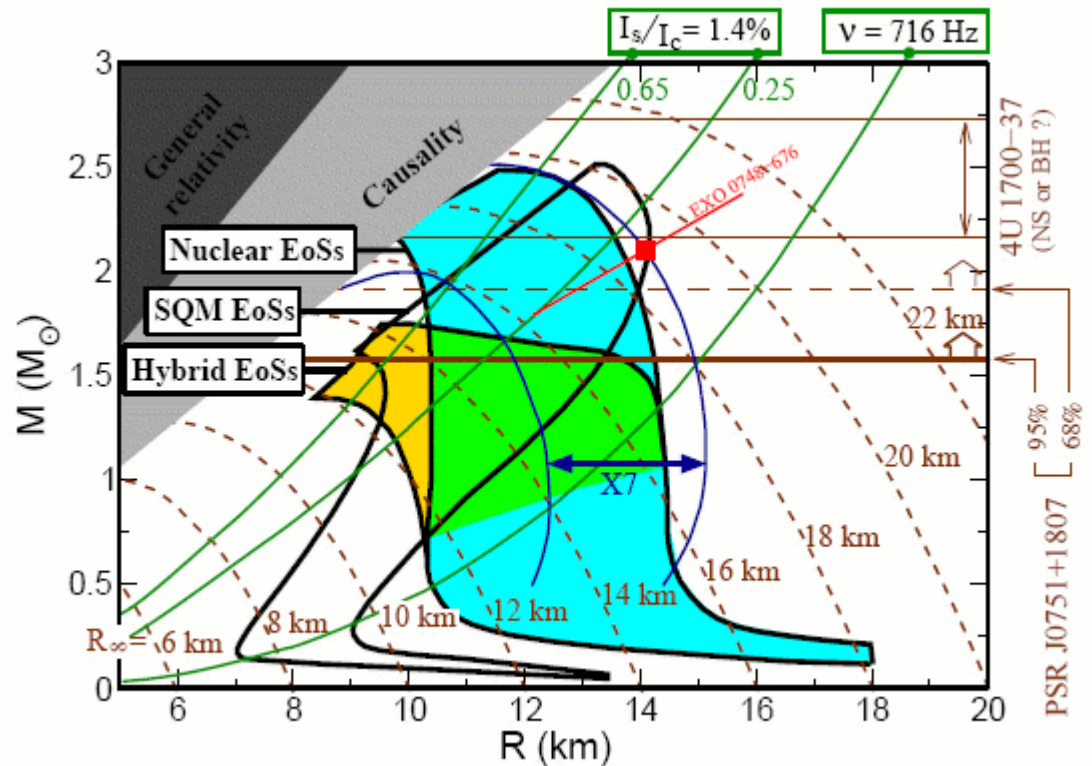




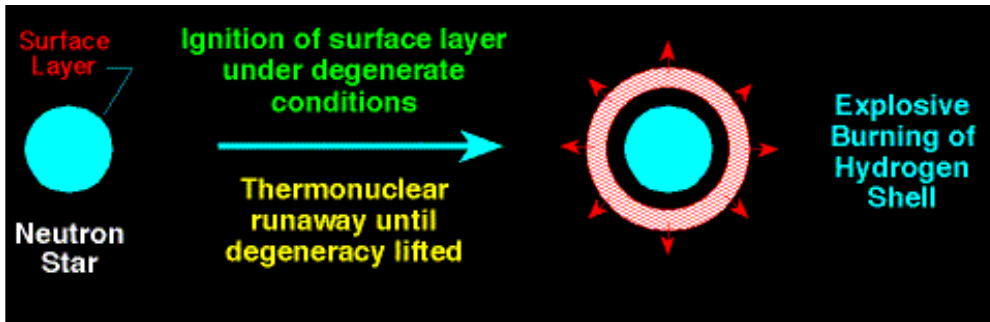
# Mass-radius diagram and constraints

Unfortunately, there are no good data on independent measurements of masses and radii of NSs.

Still, it is possible to put important constraints.  
Most of recent observations favour stiff EoS.

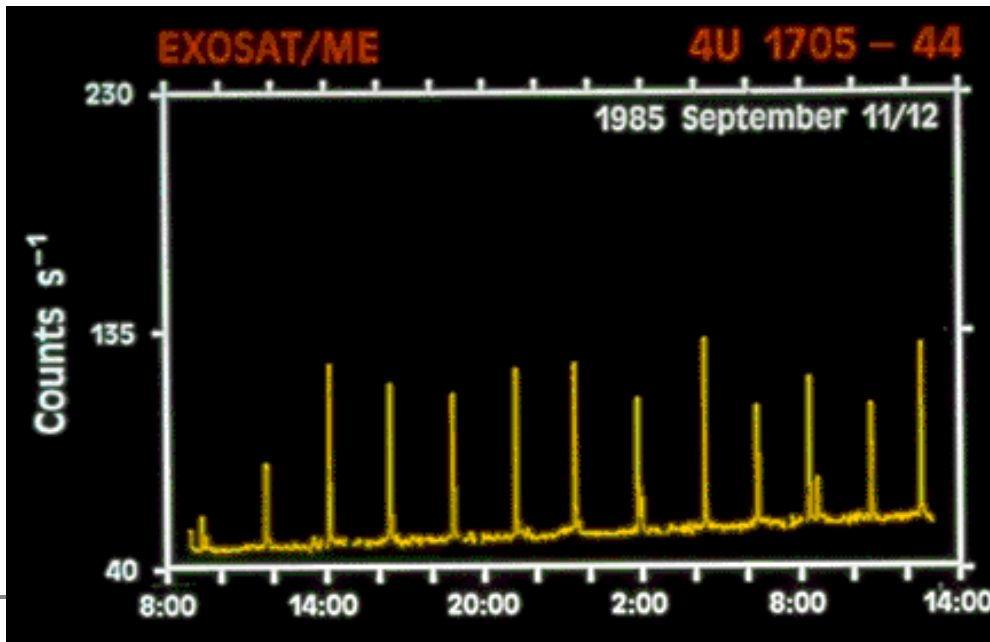


# Radius determination in bursters



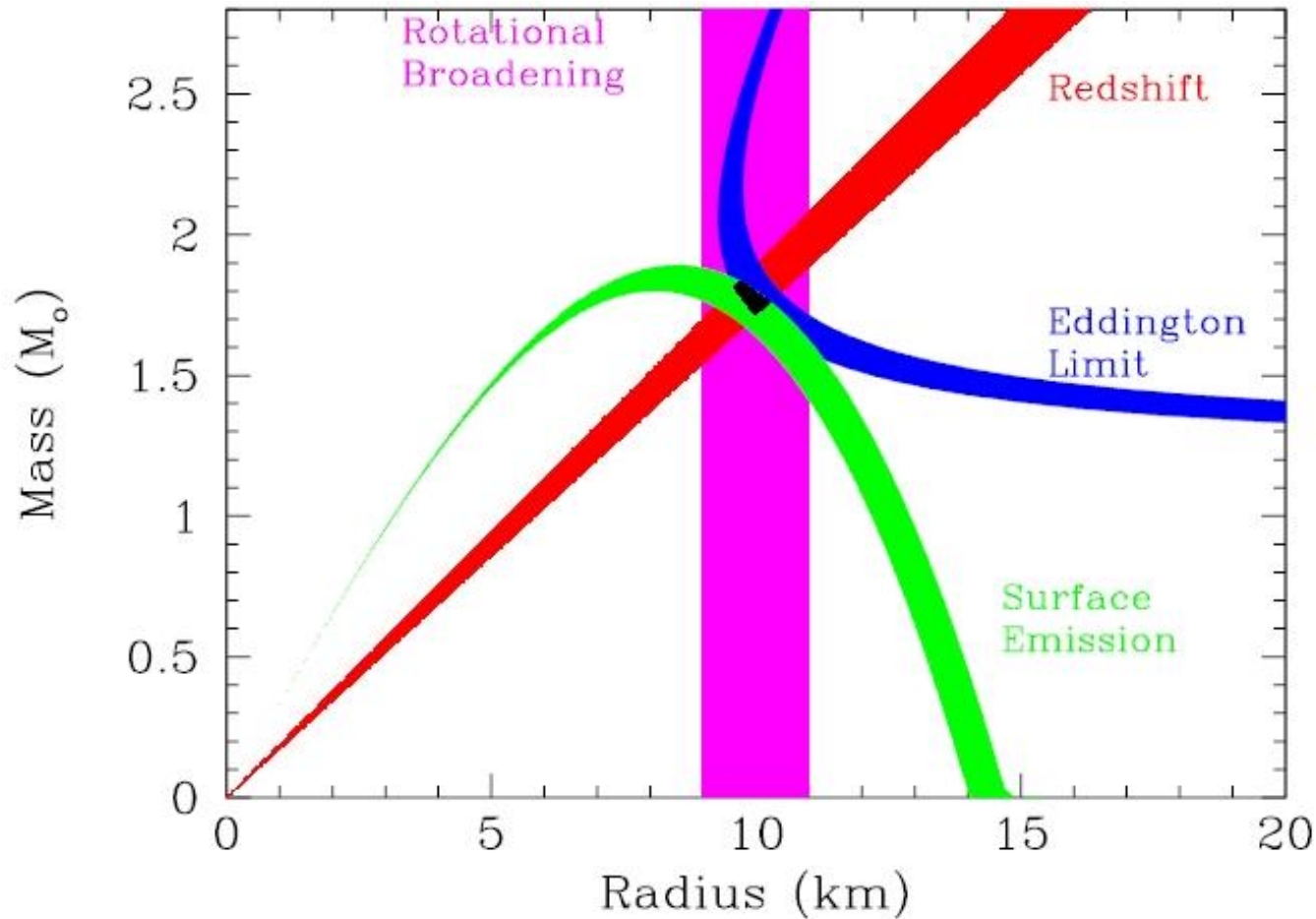
Explosion with a  $\sim$  Eddington luminosity.

Modeling of the burst spectrum and its evolution.



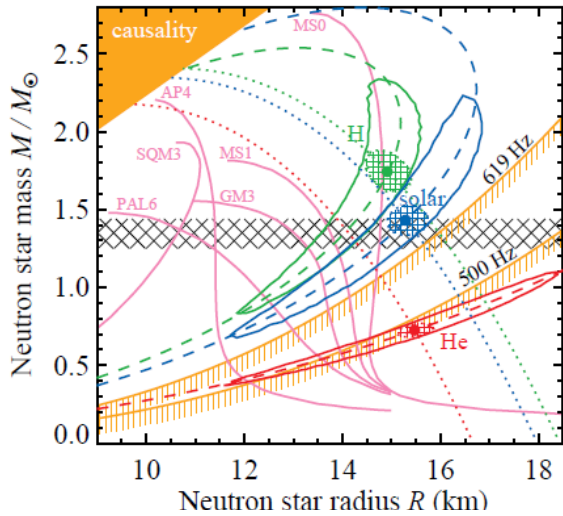
See, for example,  
Joss, Rappaport 1984,  
Haberl, Titarchuk 1995

# Combination of different methods

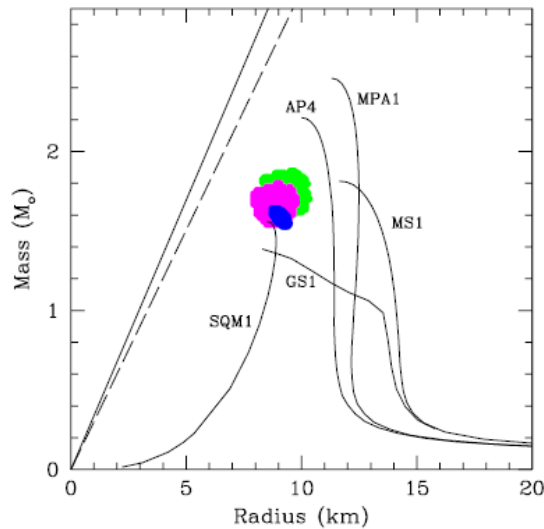


EXO 0748-676

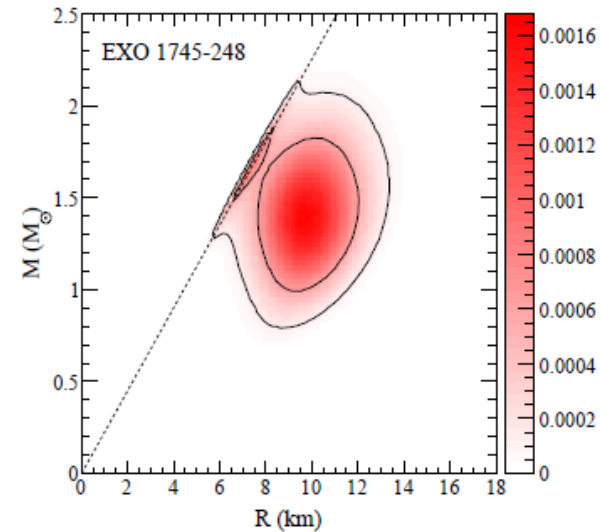
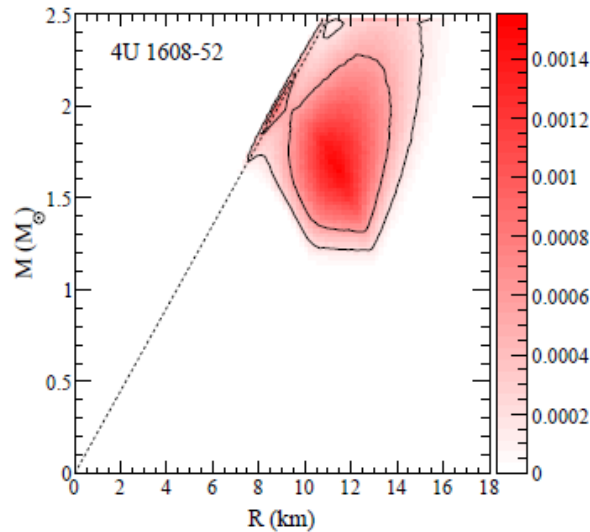
# New results



1004.4871



1005.0811

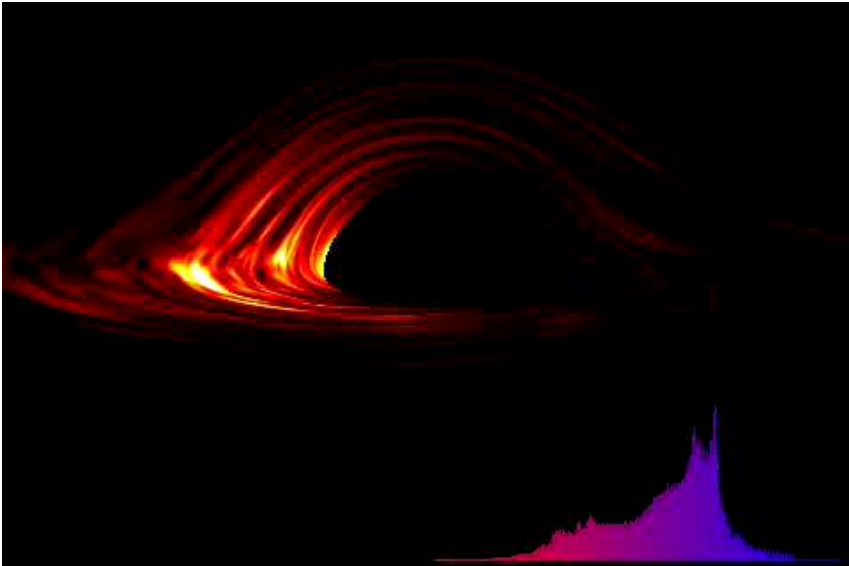


It seems that Ozel et al. underestimate different uncertainties and make additional assumptions.

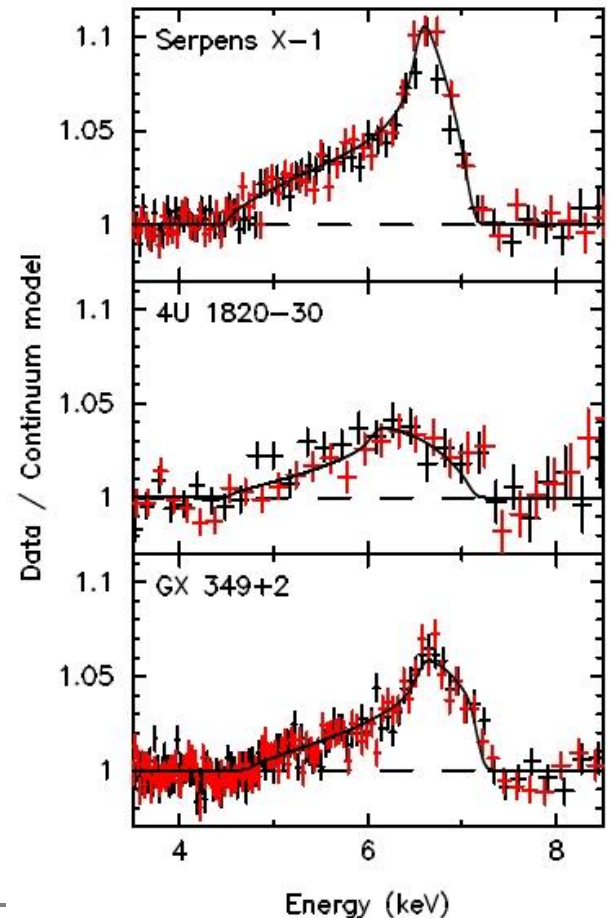
1002.3153

# Fe K lines from accretion discs

Measurements of the inner disc radius provide upper limits on the NS radius.



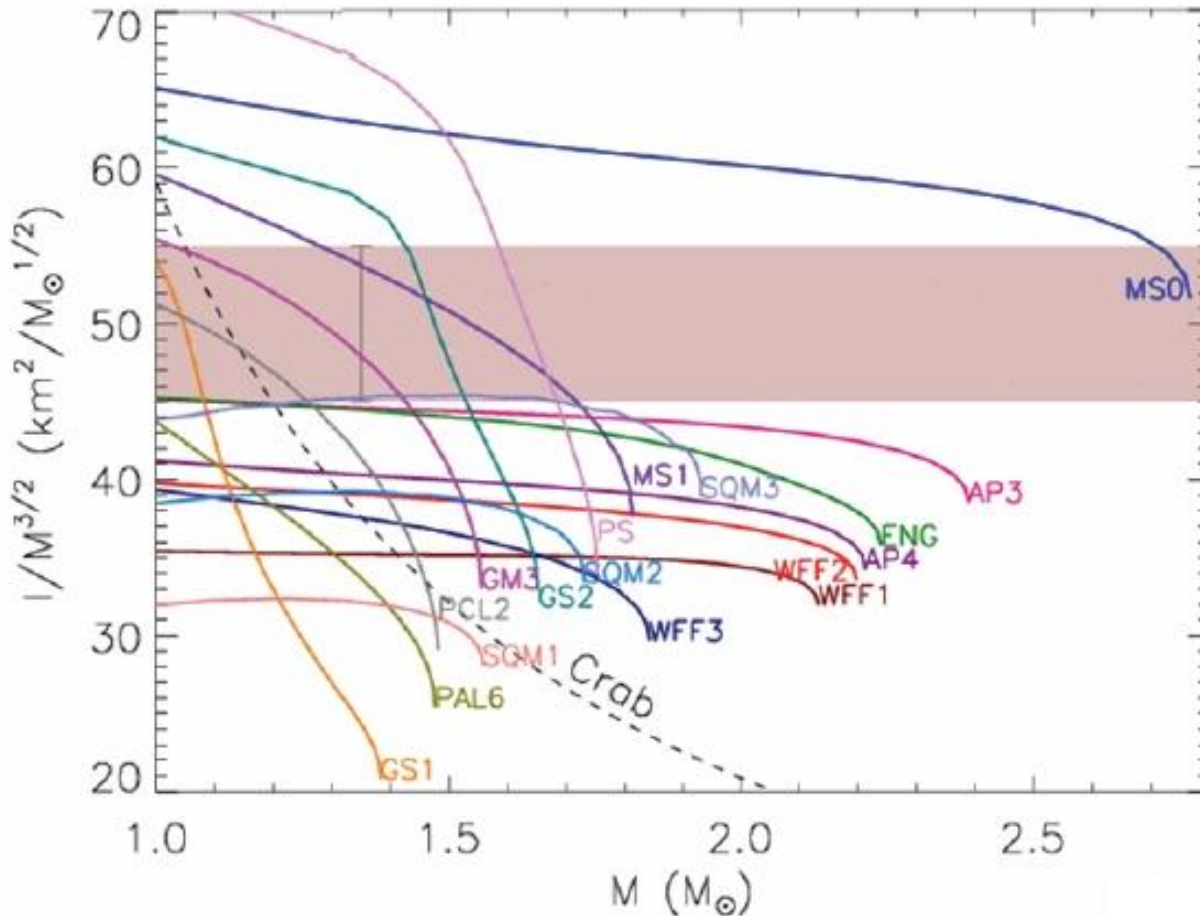
Ser X-1  $<15.9 \pm 1$   
4U 1820-30  $<13.8^{+2.9}_{-1.4}$   
GX 349+2  $<16.5 \pm 0.8$   
(all estimates for 1.4 solar mass NS)  
[Cackett et al. arXiv: 0708.3615]



Suzaku observations

See also Papitto et al. arXiv: 0812.1149,  
and a review in Cackett et al. 0908.1098

# Limits on the moment of inertia



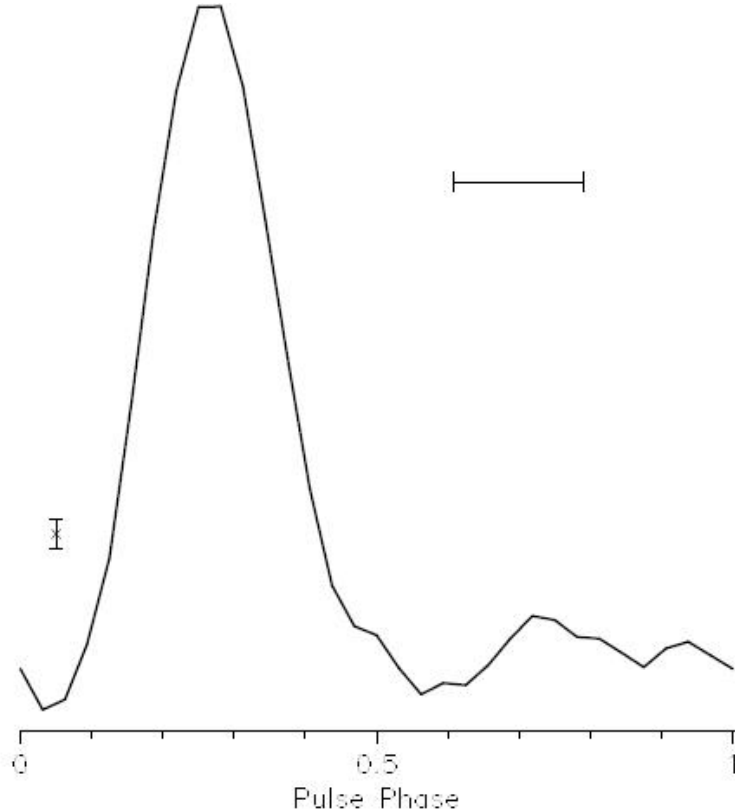
Spin-orbital interaction

PSR J0737-3039  
(see Lattimer, Schutz  
astro-ph/0411470)

The band refers to a  
*hypothetical* 10% error.  
This limit, hopefully,  
can be reached in  
several years of observ.

# Most rapidly rotating PSR

716-Hz eclipsing binary radio pulsar in the globular cluster Terzan 5



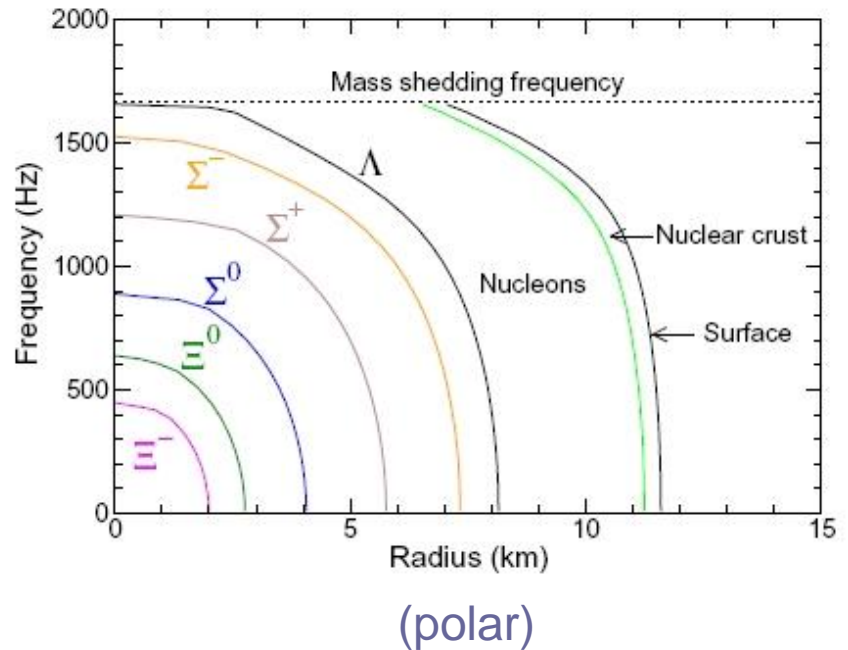
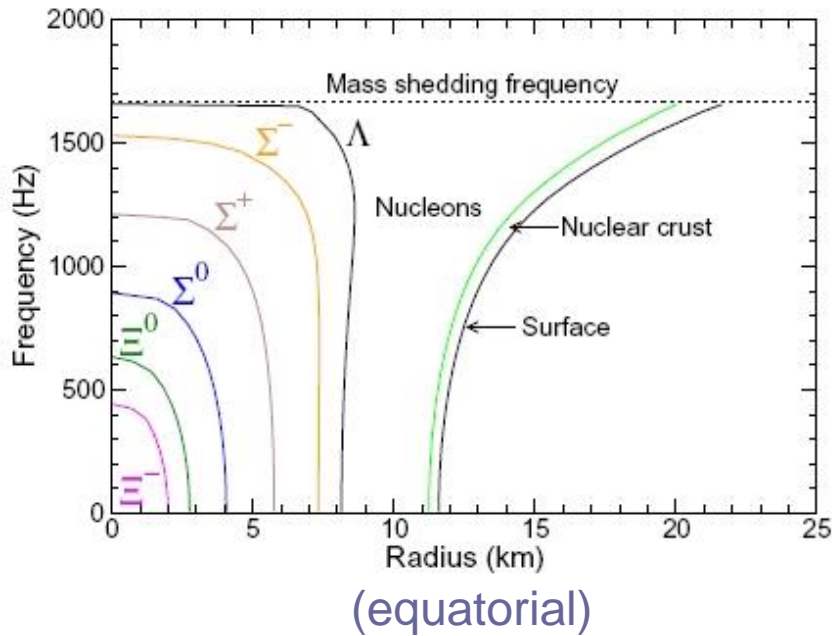
Previous record  
(642-Hz pulsar B1937+21)  
survived for more than 20 years.

**Interesting calculations  
for rotating NS have been  
performed by Krastev et al.  
arXiv: 0709.3621**

Rotation starts to be important  
from periods  $\sim 3$  msec.

([Jason W.T. Hessels](#) et al. astro-ph/0601337)

# Rotation and composition

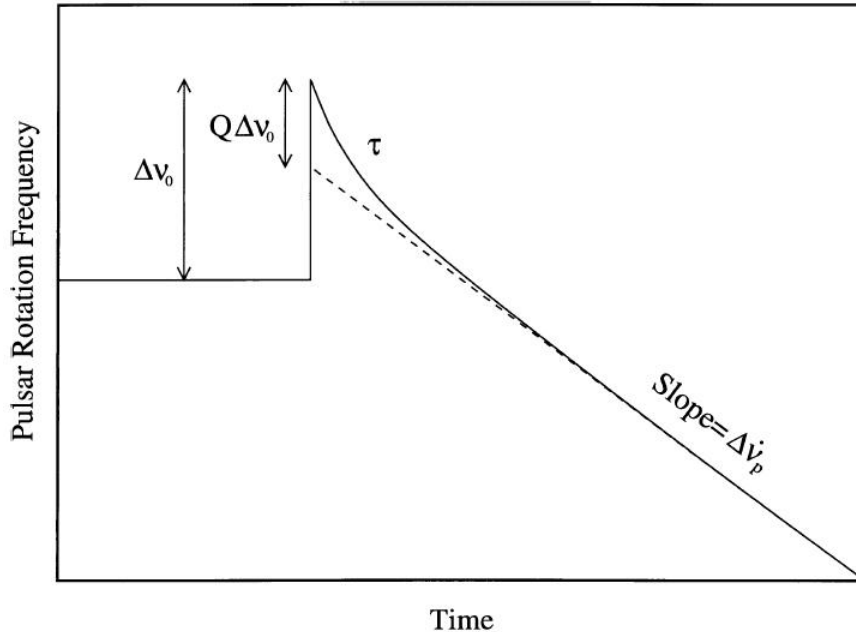


Computed for a particular model:  
density dependent relativistic Brueckner-Hartree-Fock (DD-RBHF)

(Weber et al. arXiv: 0705.2708)



# What is a glitch?



A sudden increase of rotation rate.

ATNF catalogue gives ~50 normal PSRs with glitches.

The most known: Crab and Vela

$$\Delta\Omega/\Omega \sim 10^{-9} - 10^{-6}$$

Spin-down rate can change after a glitch.  
Vela is spinning down faster after a glitch.

**Starquakes or/and vortex lines unpinning -  
new configuration or transfer of angular momentum**

Glitches are important because they probe internal structure of a NS.

# General features of the glitch mechanism

Glitches appear because some fraction (unobserved directly) rotates faster than the observed part (crust plus charged parts), which is decelerated (i.e., which is spinning-down).

$$\dot{J}_{\text{res}} \leq I_{\text{res}} |\dot{\Omega}|,$$

The angular momentum is “collected” by the reservoir, related to differentially rotating part of a star (SF neutrons)

$$\frac{I_{\text{res}}}{I_c} \geq \frac{\bar{\Omega}}{|\dot{\Omega}|} A \equiv G,$$

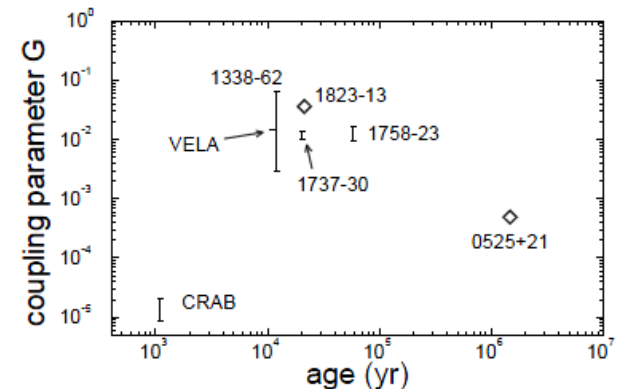
G – the coupling parameter. It can be slightly different in different sources. A – pulsar activity parameter.

$$\frac{I_{\text{res}}}{I_c} \geq G_{\text{Vela}} = 1.4\%.$$

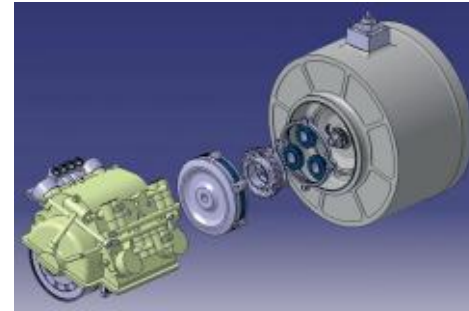
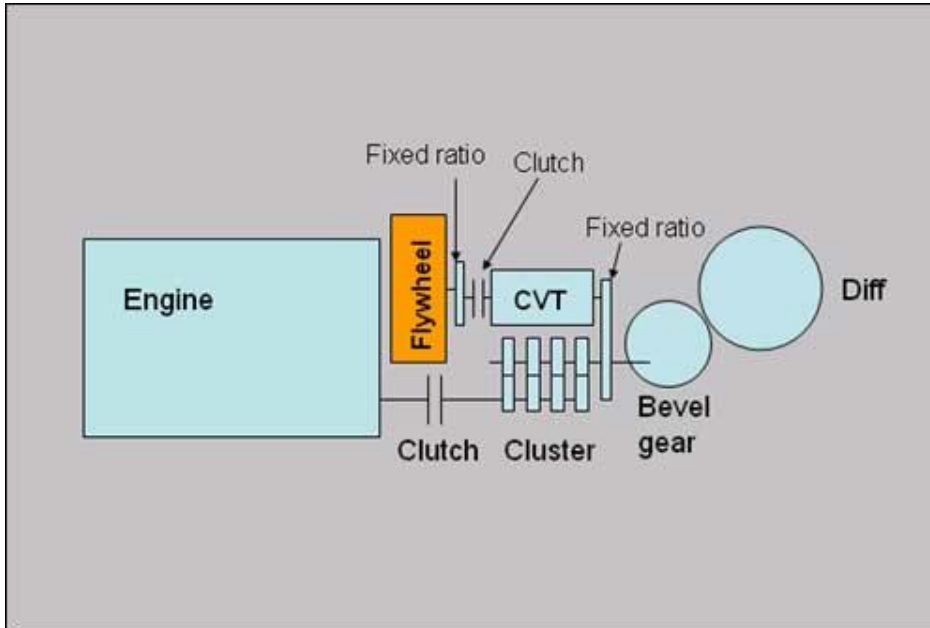
Known from observations

Glitch statistics for Vela provide an estimate for G.

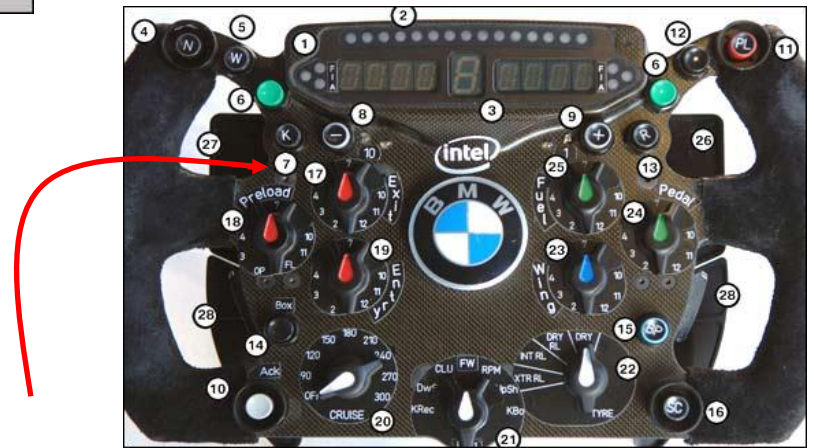
Superfluid is a good candidate to form a “reservoir” because relaxation time after a glitch is very long (~months) which points to very low viscosity.



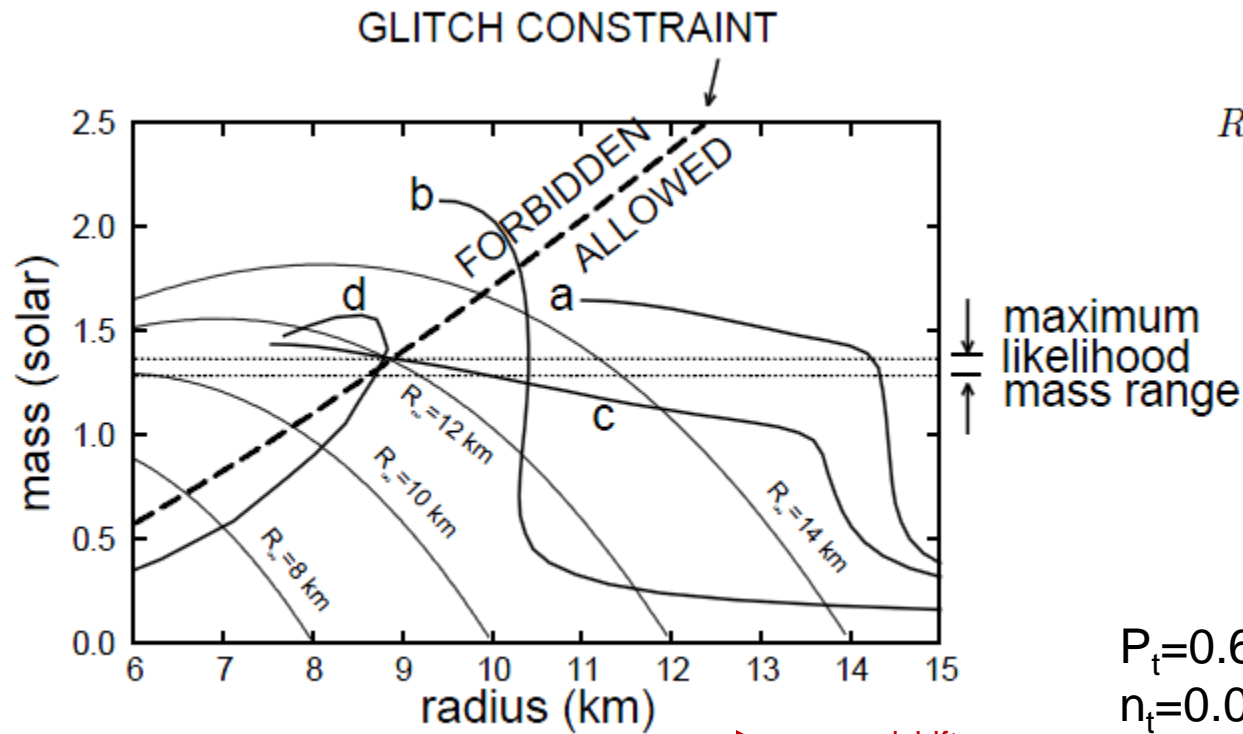
# KERS



Williams-F1 used mechanical KERS. Energy is stored in a flywheel.



# EoS and glitches



$$\frac{\Delta I}{I} \simeq \frac{28\pi}{3} \frac{P_t R^4}{GM^2} \left[ 1 + \frac{8P_t}{n_t m_n c^2} \frac{4.5 + (\Lambda - 1)^{-1}}{\Lambda - 1} \right]^{-1}$$

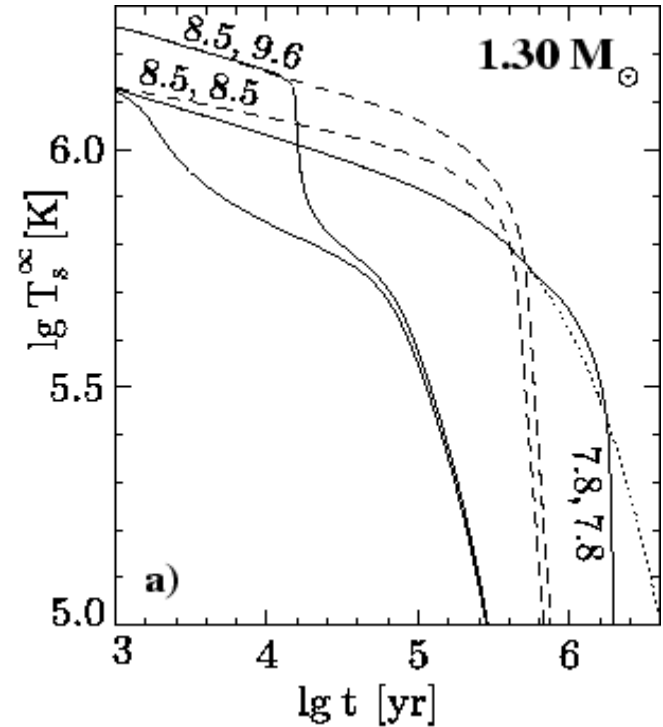
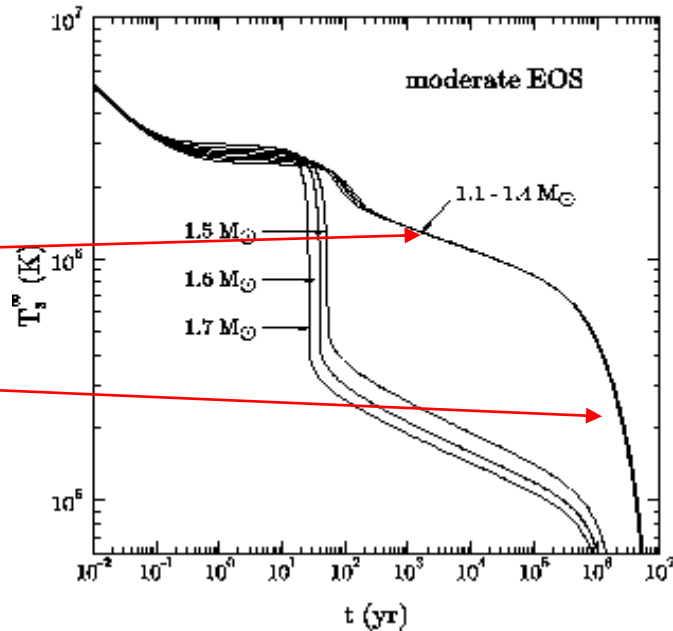
The fraction of the star's moment of inertia contained in the solid crust (and the neutron liquid that coexists with it)  
Link et al. (1999)

$$\Delta I / (I - \Delta I) \geq \Delta I / I_c \geq I_{\text{res}} / I_c \geq 0.014.$$

# Thermal evolution of NSs

Neutrino cooling stage

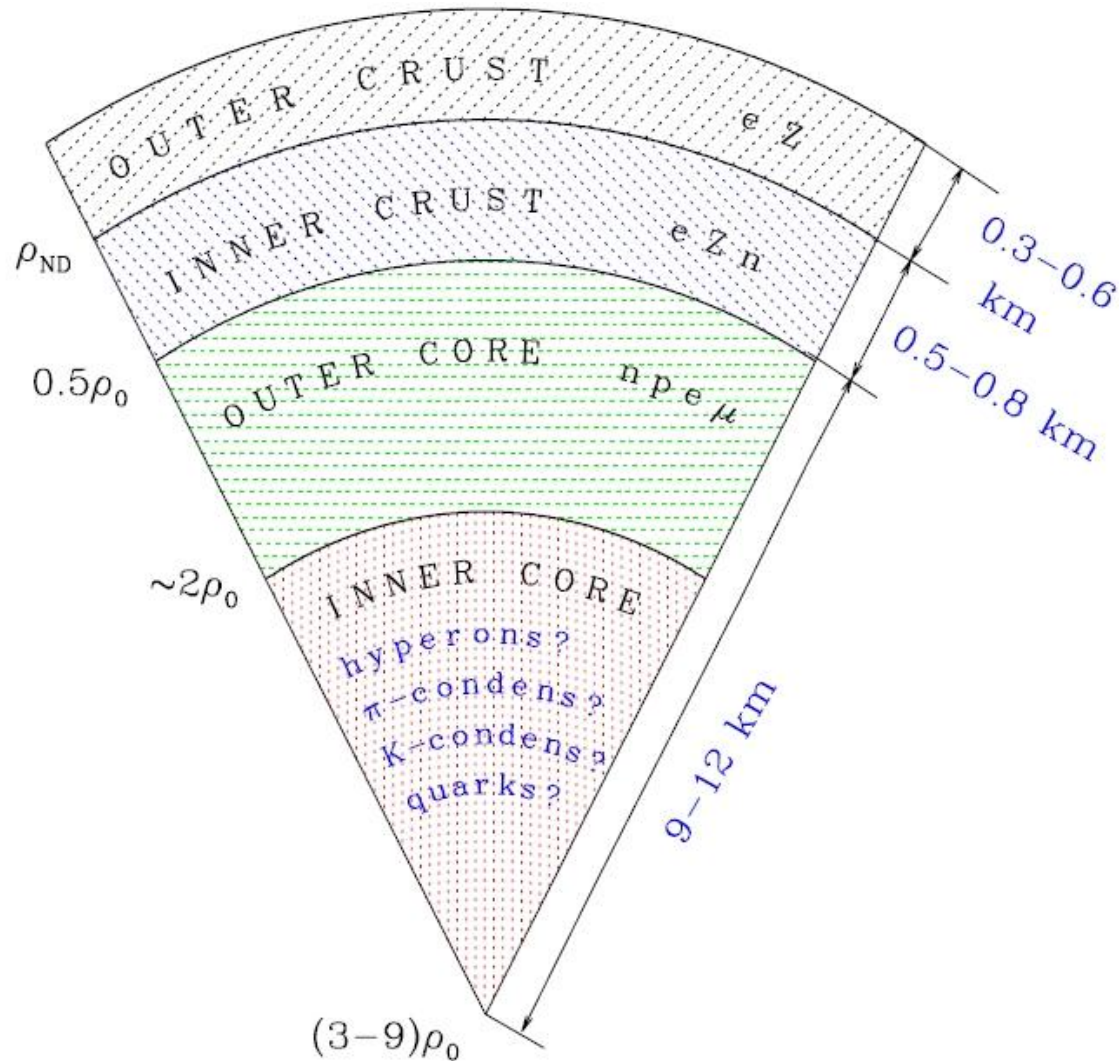
Photon cooling stage



First papers on the thermal evolution appeared already in early 60s, i.e. before the discovery of radio pulsars.

[Yakovlev et al. (1999) Physics Uspekhi]

# Structure and layers



Plus an atmosphere...

See Ch.6 in the book by Haensel, Potekhin, Yakovlev

$$\rho_0 \sim 2.8 \cdot 10^{14} \text{ g cm}^{-3}$$

The total thermal energy of a nonsuperfluid neutron star is estimated as  $U_T \sim 10^{48} T^2_g \text{ erg}$ .

The heat capacity of an  $npe$  neutron star core with strongly superfluid neutrons and protons is determined by the electrons, which are not superfluid, and it is  $\sim 20$  times lower than for a neutron star with a nonsuperfluid core.

# NS Cooling

- NSs are born very hot,  $T > 10^{10}$  K
- At early stages neutrino cooling dominates
- The core is isothermal

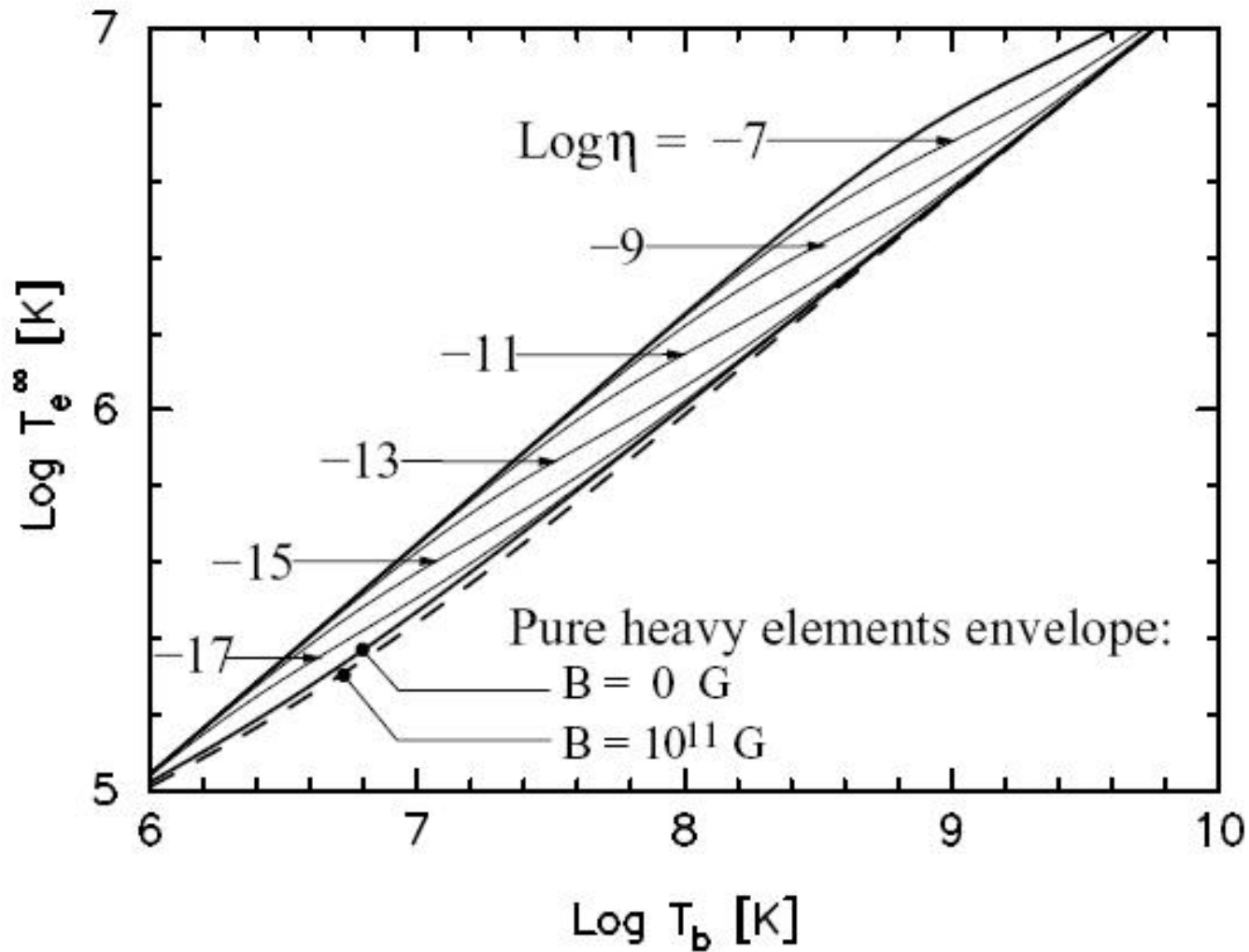
$$\frac{dE_{th}}{dt} = C_V \frac{dT}{dt} = -L_\nu - L_\gamma$$

Photon luminosity

Neutrino luminosity

$$L_\gamma = 4\pi R^2 \sigma T_s^4, \quad T_s \propto T^{1/2+\alpha} \quad (|\alpha| \ll 1)$$

# Core-crust temperature relation



Heat blanketing  
envelope.  
~100 meters  
density  $\sim 10^{10}$  gcm $^{-3}$



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# Cooling depends on:

1. Rate of neutrino emission from NS interiors
  2. Heat capacity of internal parts of a star
  3. Superfluidity
  4. Thermal conductivity in the outer layers
  5. Possible heating (e.g. field decay)
- } Depend on the EoS and composition

## Fast Cooling (URCA cycle)

$$n \rightarrow p + e^- + \bar{\nu}_e$$

$$p + e^- \rightarrow n + \nu_e$$

## Slow Cooling (modified URCA cycle)

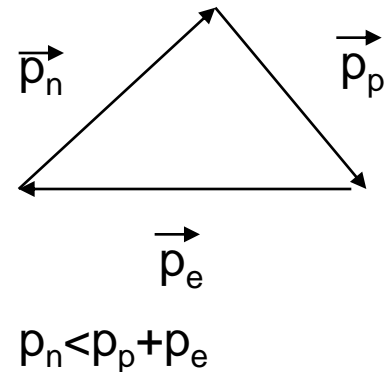
$$n + n \rightarrow n + p + e^- + \bar{\nu}_e$$

$$n + p + e^- \rightarrow n + n + \nu_e$$

$$p + n \rightarrow p + p + e^- + \bar{\nu}_e$$

$$p + p + e^- \rightarrow p + n + \nu_e$$

- Fast cooling possible only if  $n_p > n_n/8$
- Nucleon Cooper pairing is important
- Minimal cooling scenario (Page et al 2004):
  - no exotica
  - no fast processes
  - pairing included



[See the book Haensel, Potekhin, Yakovlev p. 265 (p.286 in the file)  
and Shapiro, Teukolsky for details: Ch. 2.3, 2.5, 11.]

# Main neutrino processes

Model	Process	$Q_f, \text{ erg cm}^{-3} \text{ s}^{-1}$
Nucleon matter	$n \rightarrow pe\bar{\nu} \quad pe \rightarrow n\nu$	$10^{26} - 3 \times 10^{27}$
Pion condensate	$\tilde{N} \rightarrow \tilde{N}e\bar{\nu} \quad \tilde{N}e \rightarrow \tilde{N}\nu$	$10^{23} - 10^{26}$
Kaon condensate	$\tilde{B} \rightarrow \tilde{B}e\bar{\nu} \quad \tilde{B}e \rightarrow \tilde{B}\nu$	$10^{23} - 10^{24}$
Quark matter	$d \rightarrow ue\bar{\nu} \quad ue \rightarrow d\nu$	$10^{23} - 10^{24}$

Process		$Q_s, \text{ erg cm}^{-3} \text{ s}^{-1}$
Modified Urca	$nN \rightarrow pNe\bar{\nu} \quad pNe \rightarrow nN\nu$	$10^{20} - 3 \times 10^{21}$
Bremsstrahlung	$NN \rightarrow NN\nu\bar{\nu}$	$10^{19} - 10^{20}$

$$Q_{\text{slow}} = Q_s T_9^8, \quad Q_{\text{fast}} = Q_f T_9^6.$$

(Yakovlev & Pethick astro-ph/0402143)

# Equations

Neutrino emissivity

heating

$$\frac{e^{-\lambda-2\Phi}}{4\pi r^2} \frac{\partial}{\partial r} \left( e^{2\Phi} L_r \right) = -Q + Q_h - \frac{c_T}{e^\Phi} \frac{\partial T}{\partial t},$$

$$\frac{L_r}{4\pi \kappa r^2} = e^{-\lambda-\Phi} \frac{\partial}{\partial r} \left( T e^\Phi \right),$$

After thermal relaxation  
we have in the whole star:  
 $T_i(t) = T(r,t) e^{\Phi(r)}$

$$e^{-\lambda} = \sqrt{1 - 2Gm(r)/c^2 r},$$

At the surface we have:  $\Phi(R) = -\lambda(R)$ .

$$C(T_i) \frac{dT_i}{dt} = -L_\nu^\infty(T_i) + L_h^\infty - L_\gamma^\infty(T_s),$$

$$L_\nu^\infty(T_i) = \int dV Q(T) e^{2\Phi}, \text{ and } L_h^\infty = \int dV Q_h e^{2\Phi}, \quad C(T_i) = \int dV c_T(T),$$

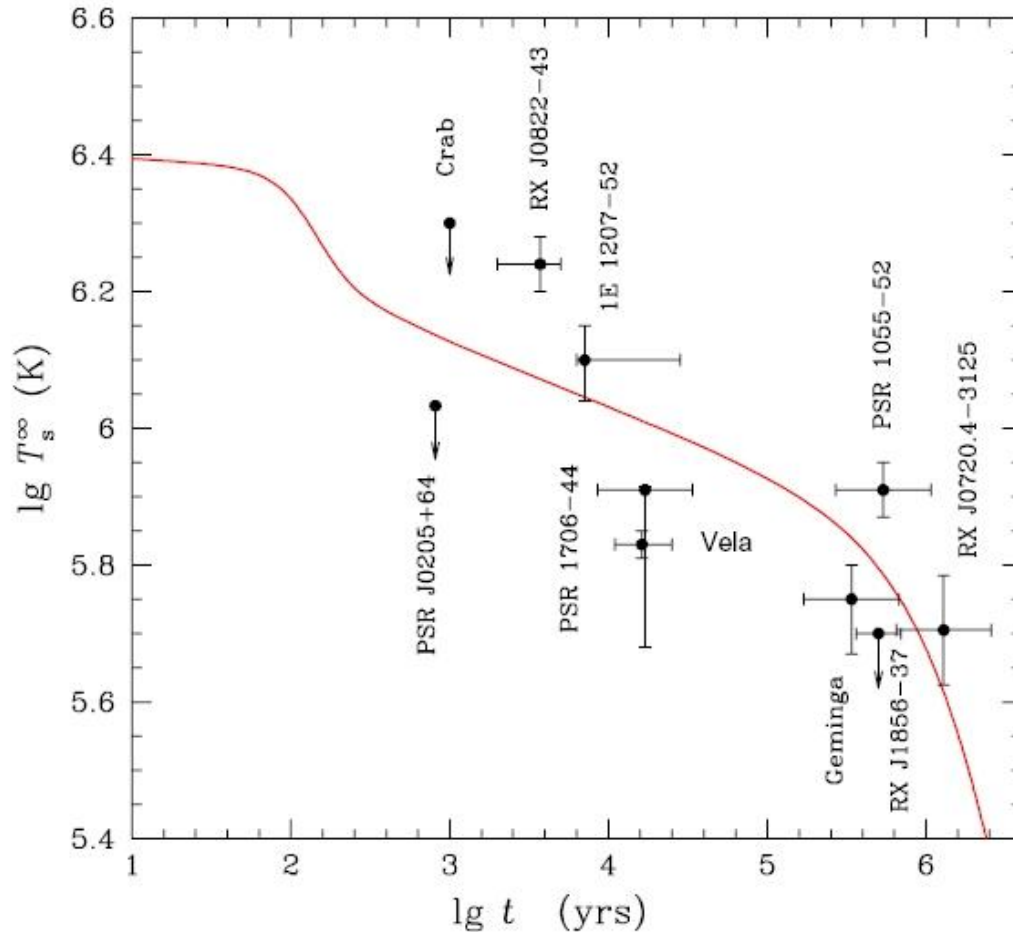
$dV = 4\pi r^2 e^\lambda dr$  is the element of proper volume

$L_\nu^\infty$  is the total neutrino luminosity (for a distant observer)

$L_h^\infty$  is the total reheating power.

# Simple cooling model for low-mass NSs.

No superfluidity, no envelopes and magnetic fields, only hadrons.



Too hot .....

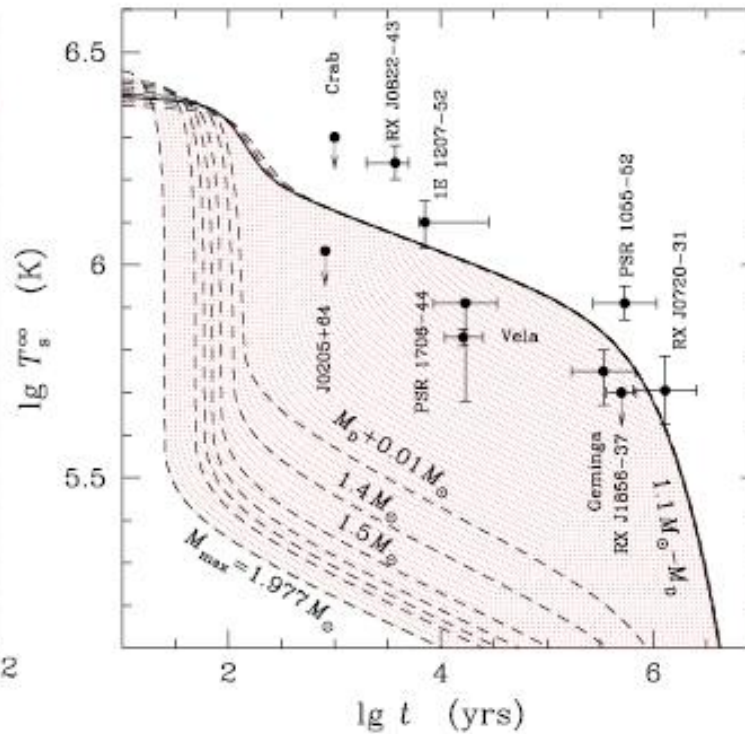
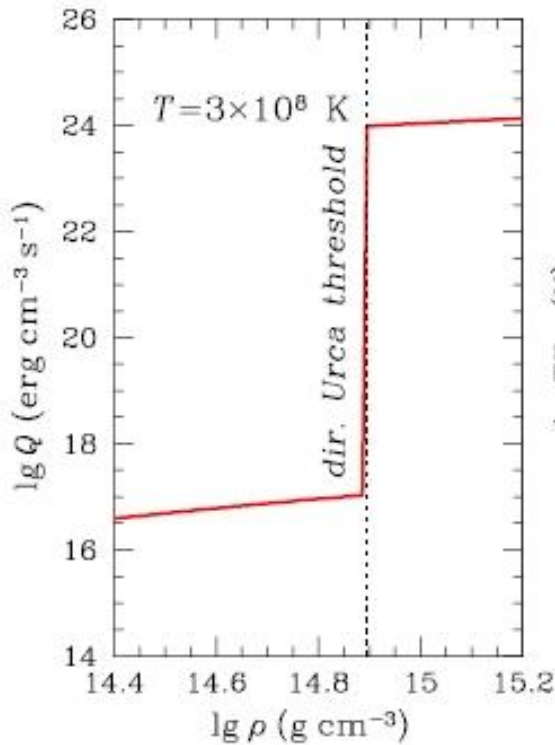
Too cold ....

**The most critical moment is the onset of direct URCA cooling.**

$$\rho_D = 7.851 \cdot 10^{14} \text{ g/cm}^3.$$

The critical mass depends on the EoS.  
For the examples below  $M_D = 1.358 M_{\text{solar}}$ .

# Nonsuperfluid nucleon cores

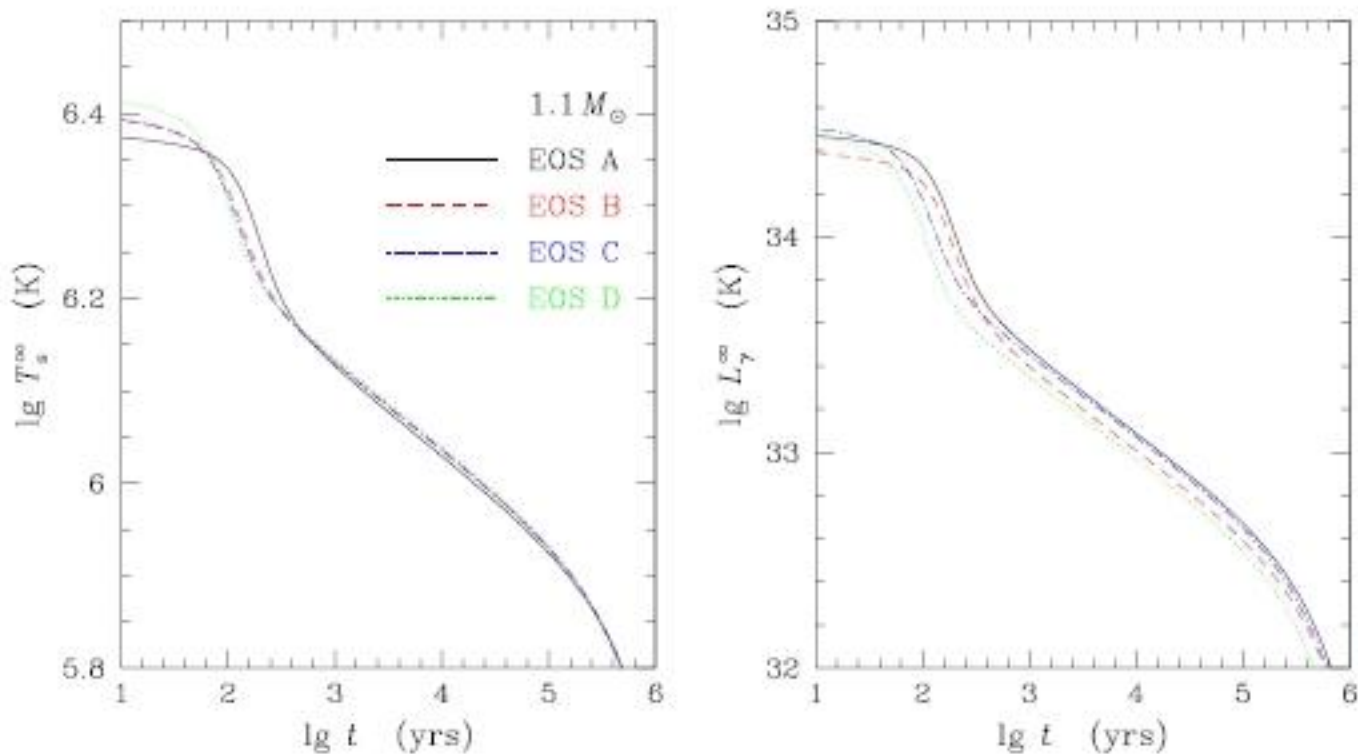


Note “population aspects” of the right plot: too many NSs have to be explained by a very narrow range of mass.

For slow cooling at the neutrino cooling stage  $t_{\text{slow}} \sim 1 \text{ yr} / T_{10}^6$

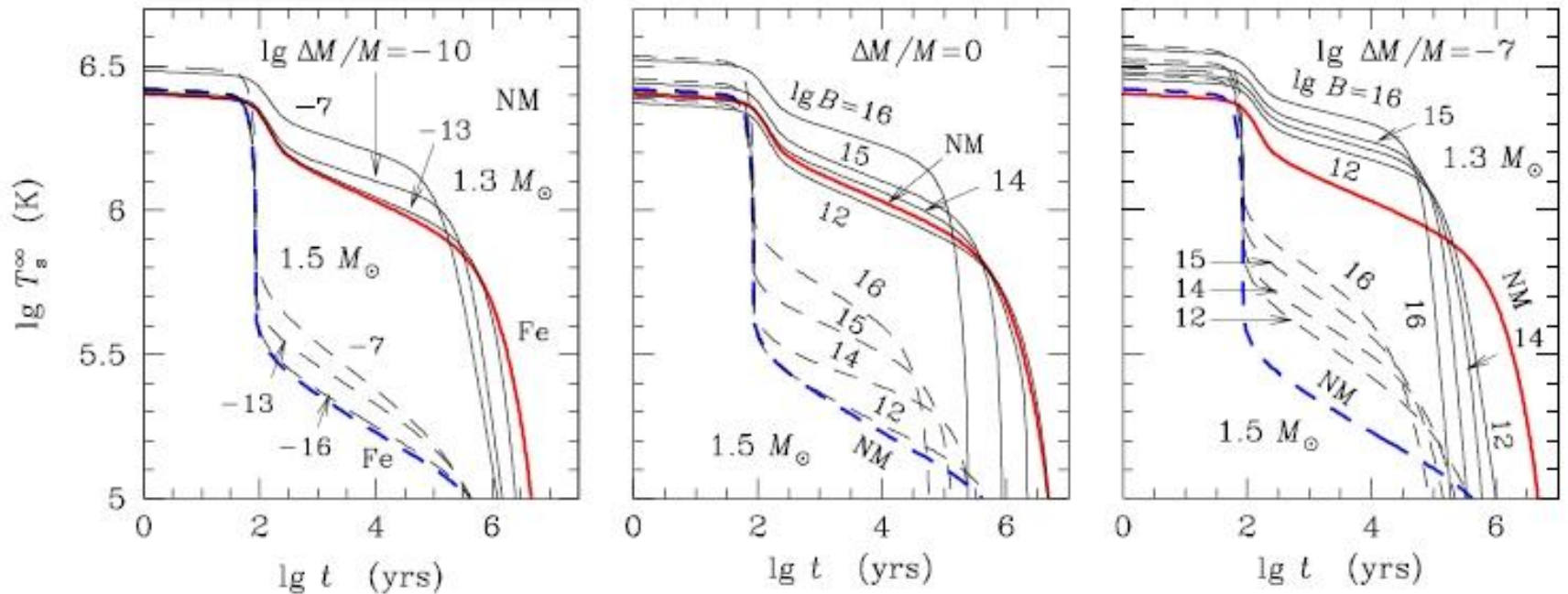
For fast cooling  $t_{\text{fast}} \sim 1 \text{ min} / T_{10}^4$

# Slow cooling for different EoS



For slow cooling there is nearly no dependence on the EoS.  
The same is true for cooling curves for maximum mass for each EoS.

# Envelopes and magnetic field

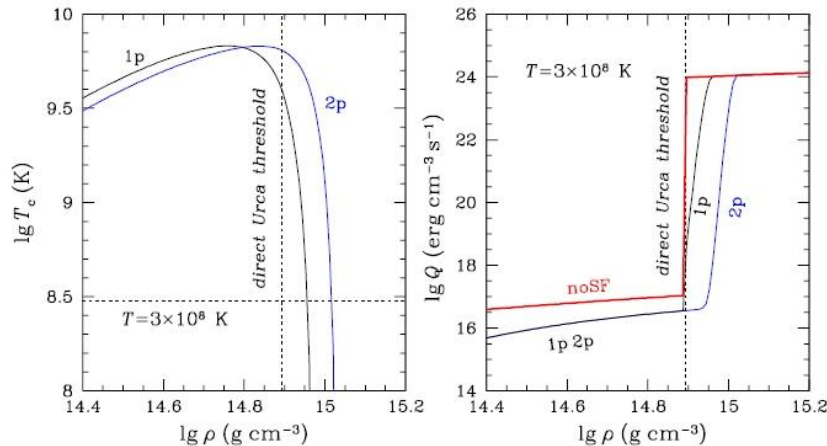


Non-magnetic stars      No accreted envelopes,      Envelopes + Fields  
 Thick lines – no envelope      different magnetic fields.  
 Envelopes can be related to the fact that we see a subpopulation of hot NS  
 in CCOs with relatively long initial spin periods and low magnetic field, but  
 do not observed representatives of this population around us, i.e. in the Solar vicinity.  
 Solid line  $M=1.3 M_{\text{solar}}$ , Dashed lines  $M=1.5 M_{\text{solar}}$

(Yakovlev & Pethick 2004)



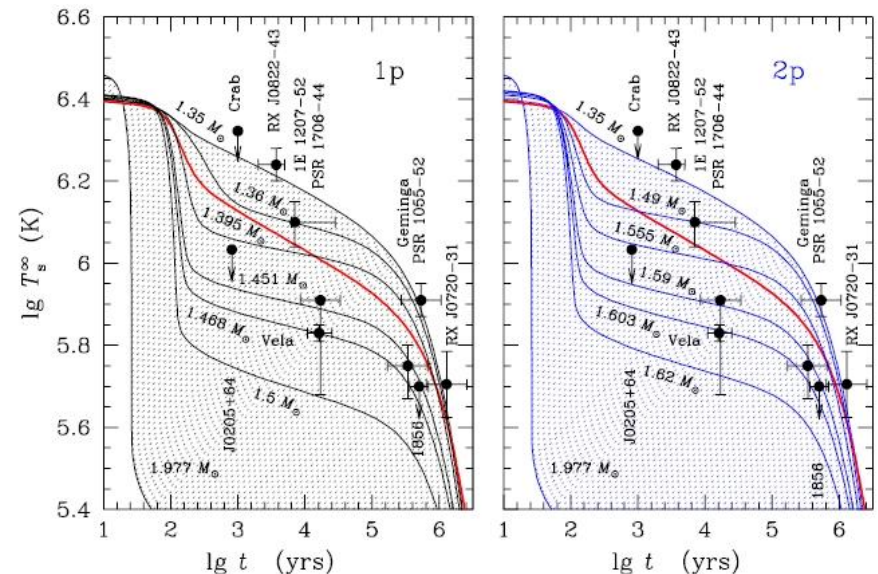
# Simplified model: no neutron superfluidity



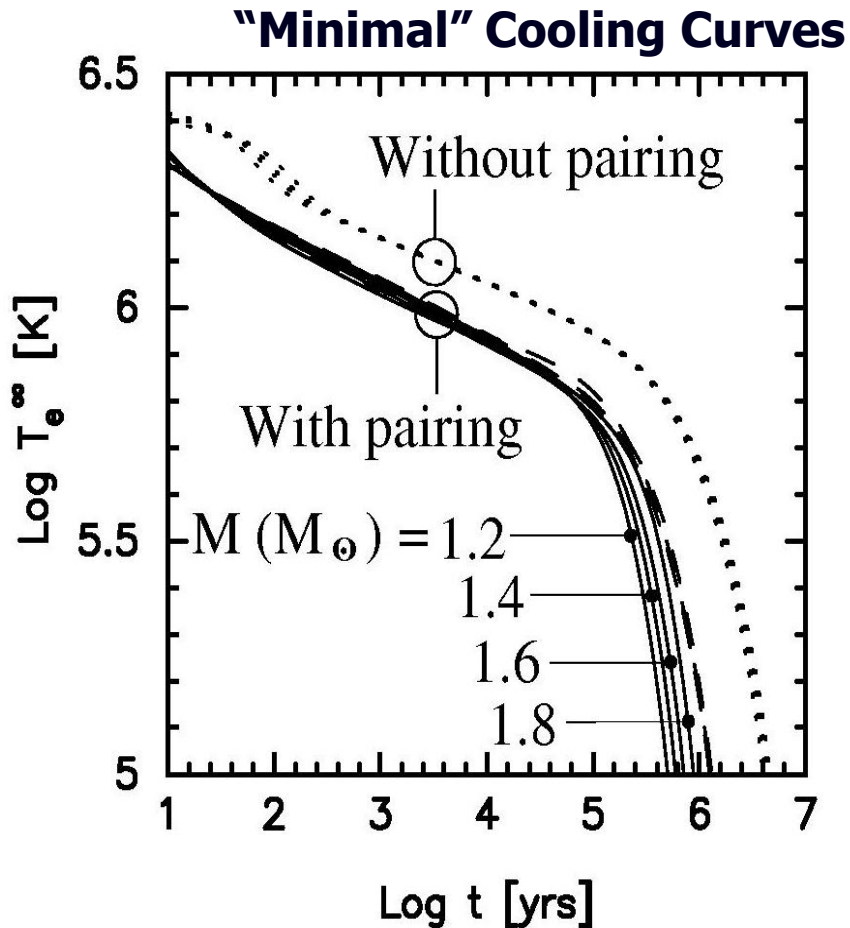
Superfluidity is an important ingredient of cooling models. It is important to consider different types of proton and neutron superfluidity.

There is no complete microphysical theory which can describe superfluidity in neutron stars.

If proton superfluidity is strong, but neutron superfluidity in the core is weak then it is possible to explain observations.



# Minimal cooling model



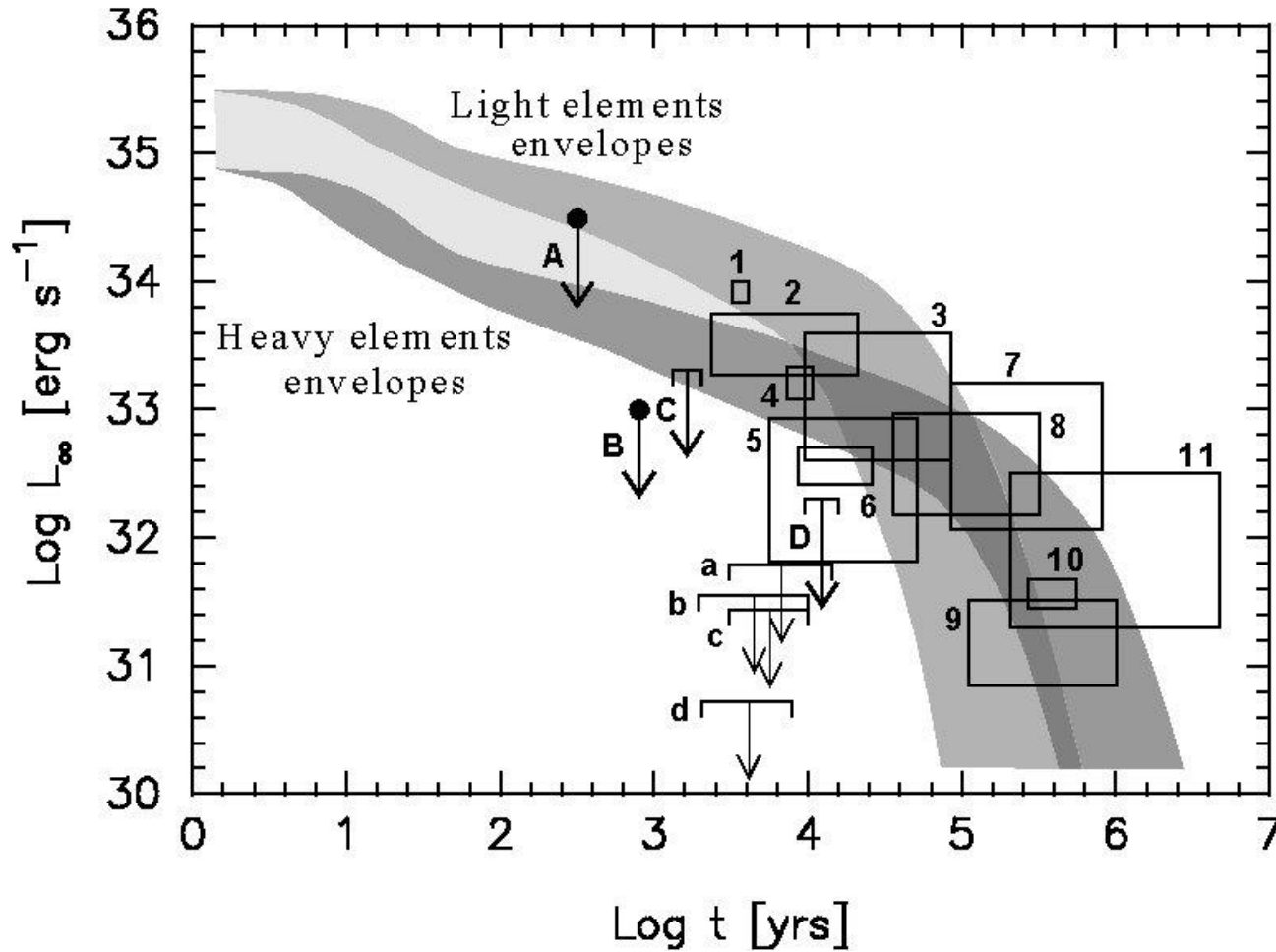
“minimal” means  
without additional cooling  
due to direct URCA  
and without additional heating

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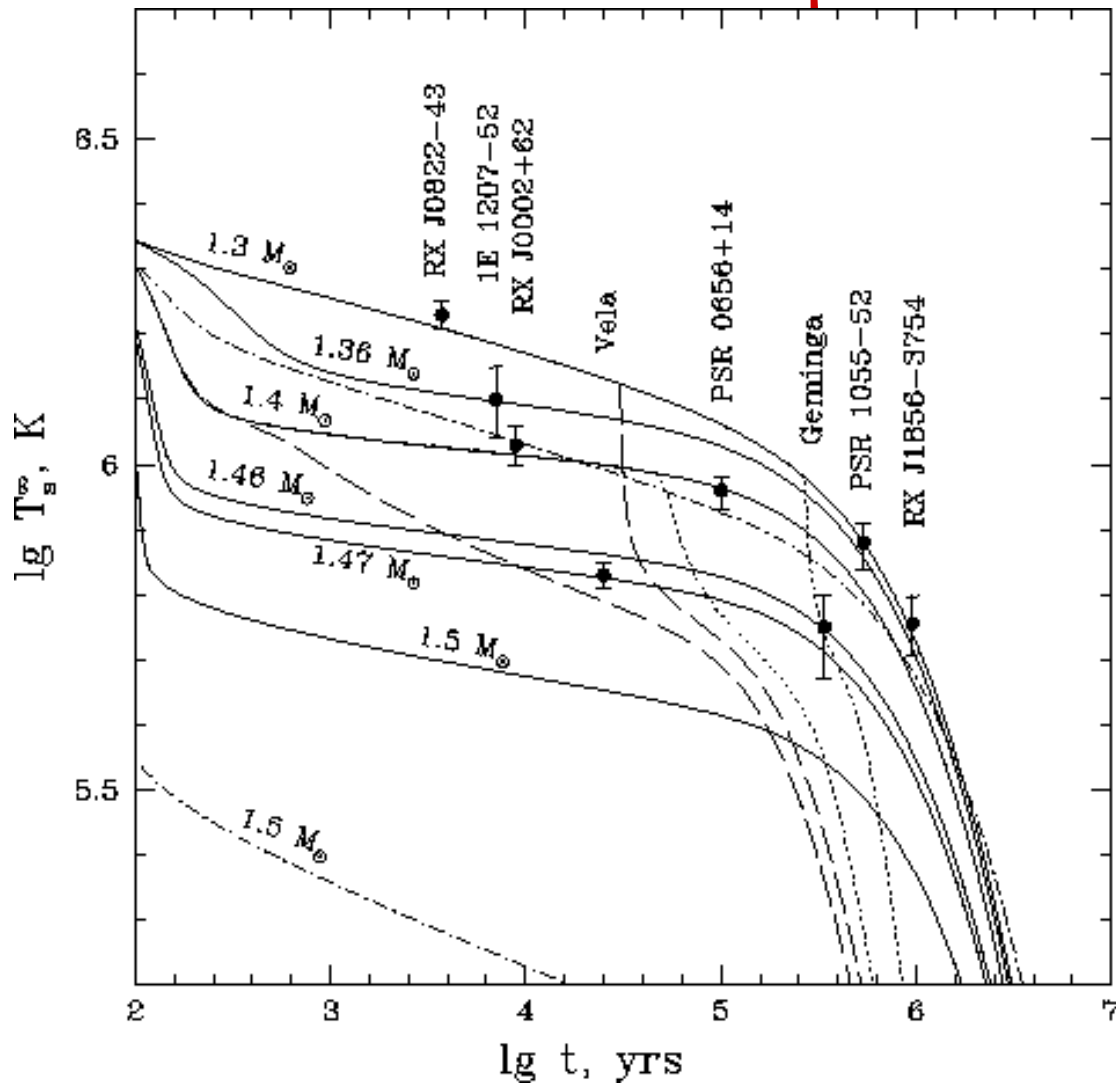
## Main ingredients of the minimal model

- EoS
- Superfluid properties
- Envelope composition
- NS mass

# Luminosity and age uncertainties



# Standard test: temperature vs. age



- Other tests and ideas:
- Log N – Log S (Popov et al.)
  - Brightness constraint (Grigorian)
  - Mass constraint (Popov, Grigorian, Blaschke)

# Data

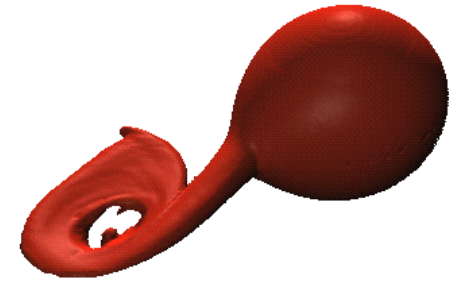
NEUTRON STAR PROPERTIES WITH HYDROGEN ATMOSPHERES

Star	$\log_{10} t_{sd}$ yr	$\log_{10} t_{kin}$ yr	$\log_{10} T_{\infty}$ K	$d$ kpc	$\log_{10} L_{\infty}$ erg/s
RX J0822-4247	3.90	$3.57^{+0.04}_{-0.04}$	$6.24^{+0.04}_{-0.04}$	1.9 – 2.5	33.85 – 34.00
1E 1207.4-5209	$5.53^{+0.44}_{-0.19}$	$3.85^{+0.48}_{-0.48}$	$6.21^{+0.07}_{-0.07}$	1.3 – 3.9	33.27 – 33.74
RX J0002+6246	–	$3.96^{+0.08}_{-0.08}$	$6.03^{+0.03}_{-0.03}$	2.5 – 3.5	33.08 – 33.33
PSR 0833-45 (Vela)	4.05	$4.26^{+0.17}_{-0.31}$	$5.83^{+0.02}_{-0.02}$	0.22 – 0.28	32.41 – 32.70
PSR 1706-44	4.24	–	$5.8^{+0.13}_{-0.13}$	1.4 – 2.3	31.81 – 32.93
PSR 0538+2817	4.47	–	$6.05^{+0.10}_{-0.10}$	1.2	32.6 – 33.6

NEUTRON STAR PROPERTIES WITH BLACKBODY ATMOSPHERES

Star	$\log_{10} t_{sd}$ yr	$\log_{10} t_{kin}$ yr	$\log_{10} T_{\infty}$ K	$R_{\infty}$ km	$d$ kpc	$\log_{10} L_{\infty}$ erg/s
RX J0822-4247	3.90	$3.57^{+0.04}_{-0.04}$	$6.65^{+0.04}_{-0.04}$	1 – 1.6	1.9 – 2.5	33.60 – 33.90
1E 1207.4-5209	$5.53^{+0.44}_{-0.19}$	$3.85^{+0.48}_{-0.48}$	$6.48^{+0.01}_{-0.01}$	1.0 – 3.7	1.3 – 3.9	32.70 – 33.88
RX J0002+6246	–	$3.96^{+0.08}_{-0.08}$	$6.15^{+0.11}_{-0.11}$	2.1 – 5.3	2.5 – 3.5	32.18 – 32.81
PSR 0833-45 (Vela)	4.05	$4.26^{+0.17}_{-0.31}$	$6.18^{+0.02}_{-0.02}$	1.7 – 2.5	0.22 – 0.28	32.04 – 32.32
PSR 1706-44	4.24	–	$6.22^{+0.04}_{-0.04}$	1.9 – 5.8	1.8 – 3.2	32.48 – 33.08
PSR 0656+14	5.04	–	$5.71^{+0.03}_{-0.04}$	7.0 – 8.5	0.26 – 0.32	32.18 – 32.97
PSR 0633+1748 (Geminga)	5.53	–	$5.75^{+0.04}_{-0.05}$	2.7 – 8.7	0.123 – 0.216	30.85 – 31.51
PSR 1055-52	5.43	–	$5.92^{+0.02}_{-0.02}$	6.5 – 19.5	0.5 – 1.5	32.07 – 33.19
RX J1856.5-3754	–	$5.70^{+0.05}_{-0.25}$	5.6 – 5.9	> 16	0.105 – 0.129	31.44 – 31.68
RX J0720.4-3125	$6.0 \pm 0.2$	–	5.55 – 5.95	5.0 – 15.0	0.1 – 0.3	31.3 – 32.5

# Cooling of X-ray transients



“Many neutron stars in close X-ray binaries are transient accretors (transients);

They exhibit X-ray bursts separated by long periods (months or even years) of quiescence.

It is believed that the quiescence corresponds to a lowlevel, or even halted, accretion onto the neutron star.

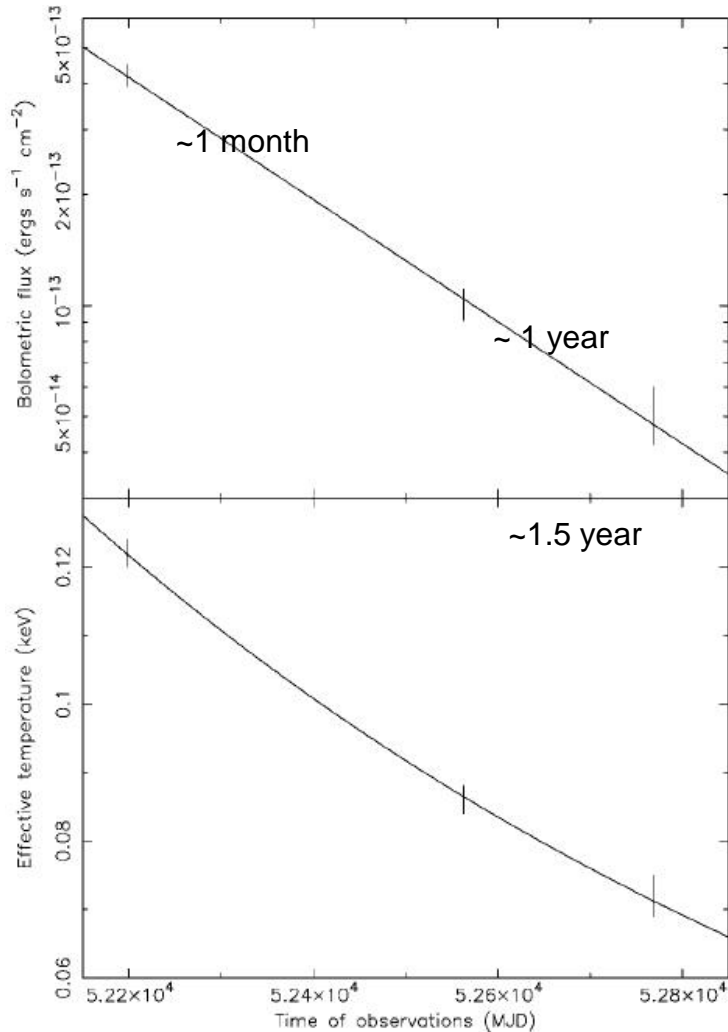
During high-state accretion episodes, the heat is deposited by nonequilibrium processes in the deep layers ( $10^{12}$  -  $10^{13}$  g cm<sup>-3</sup>) of the crust.

This deep crustal heating can maintain the temperature of the neutron star interior at a sufficiently high level to explain a persistent thermal X-ray radiation in quiescence (Brown *et al.*, 1998).”

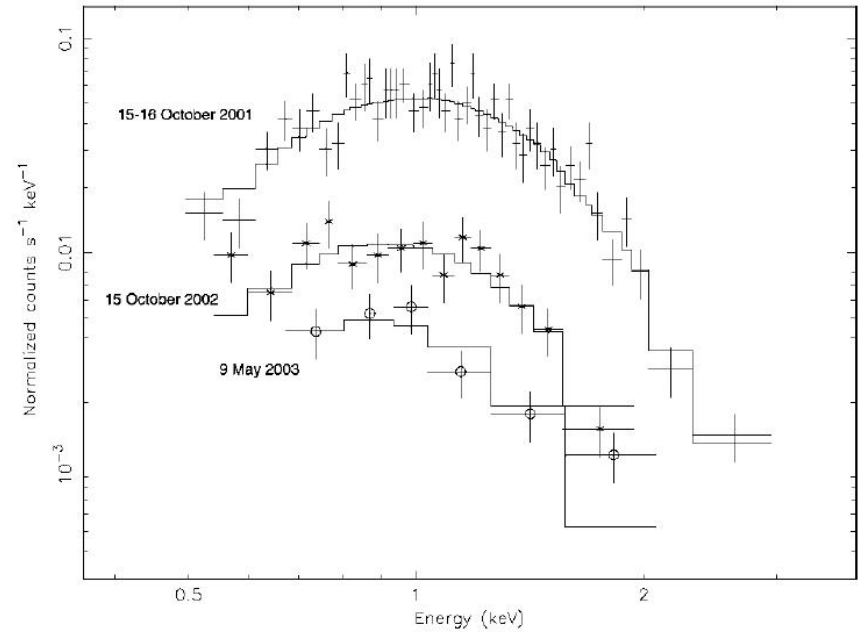
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(quotation from the book by Haensel, Potekhin, Yakovlev)

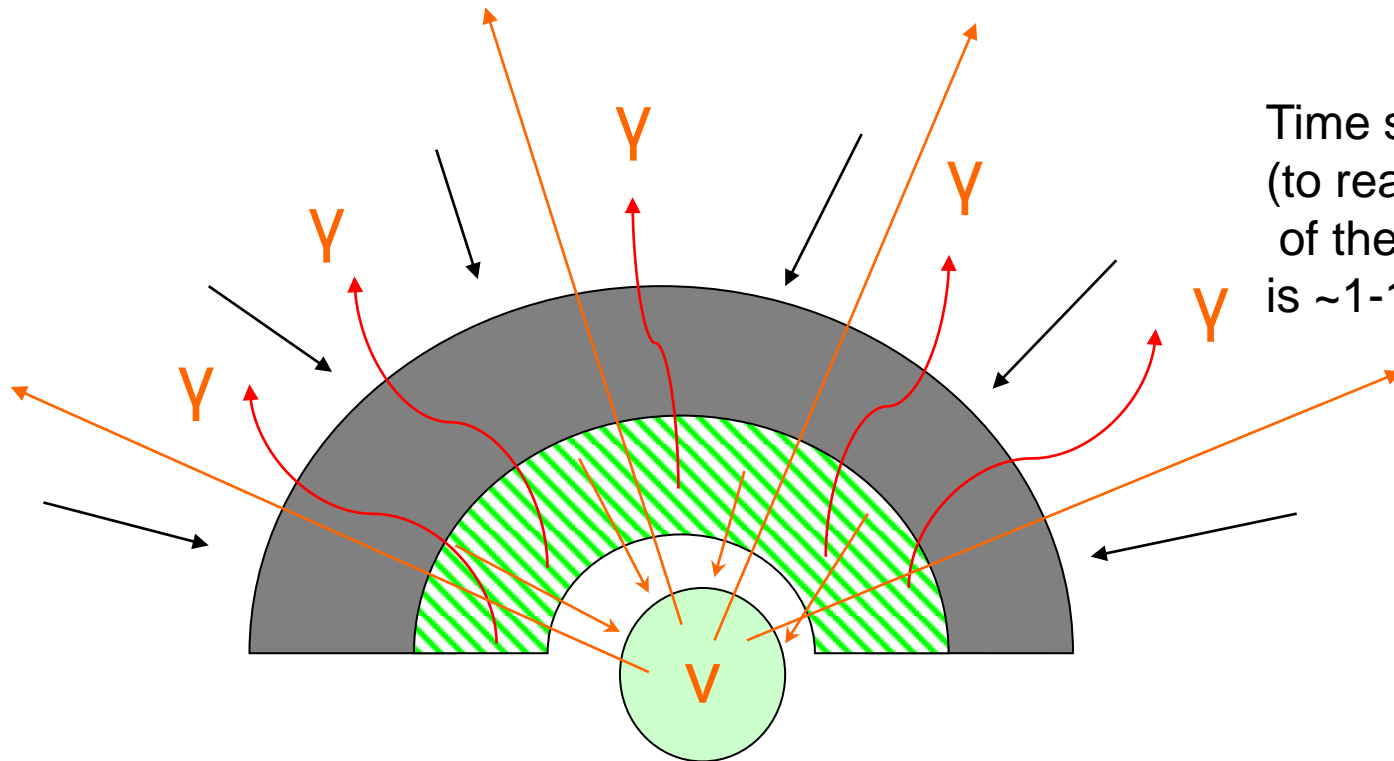
# Cooling in soft X-ray transients



MXB 1659-29  
 $\sim 2.5$  years outburst



# Deep crustal heating and cooling



Time scale of cooling  
(to reach thermal equilibrium  
of the crust and the core)  
is  $\sim 1-100$  years.

To reach the  
state “before”  
takes  $\sim 10^3-10^4$  yrs

Accretion leads to deep crustal heating due to non-equilibrium nuclear reactions.

After accretion is off:

- heat is transported inside and emitted by neutrinos
- heat is slowly transported out and emitted by photons

$$\rho \sim 10^{12}-10^{13} \text{ g/cm}^3$$

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See, for example, Haensel, Zdunik arxiv:0708.3996

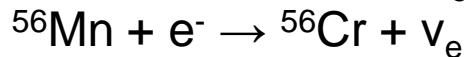
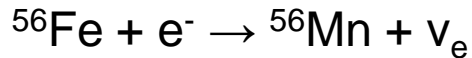
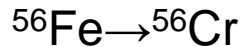
New calculations appeared very recently 0811.1791 Gupta et al.



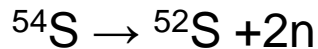
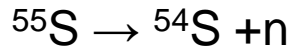
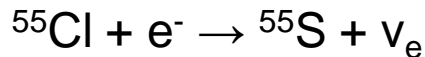
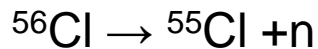
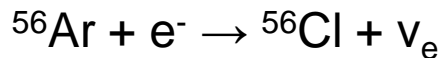
# Pycnonuclear reactions

Let us give an example from Haensel, Zdunik (1990)

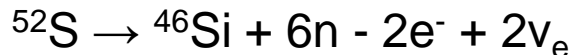
We start with  $^{56}\text{Fe}$   
Density starts to increase



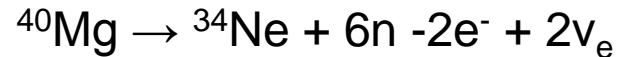
At  $^{56}\text{Ar}$ : neutron drip



Then from  $^{52}\text{S}$  we have a chain:



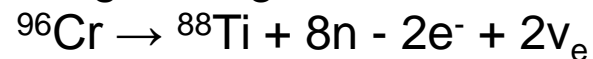
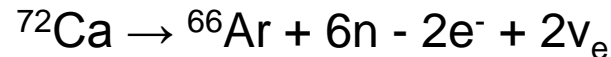
As Z becomes smaller  
the Coulomb barrier decreases.  
Separation between  
nuclei decreases, vibrations grow.



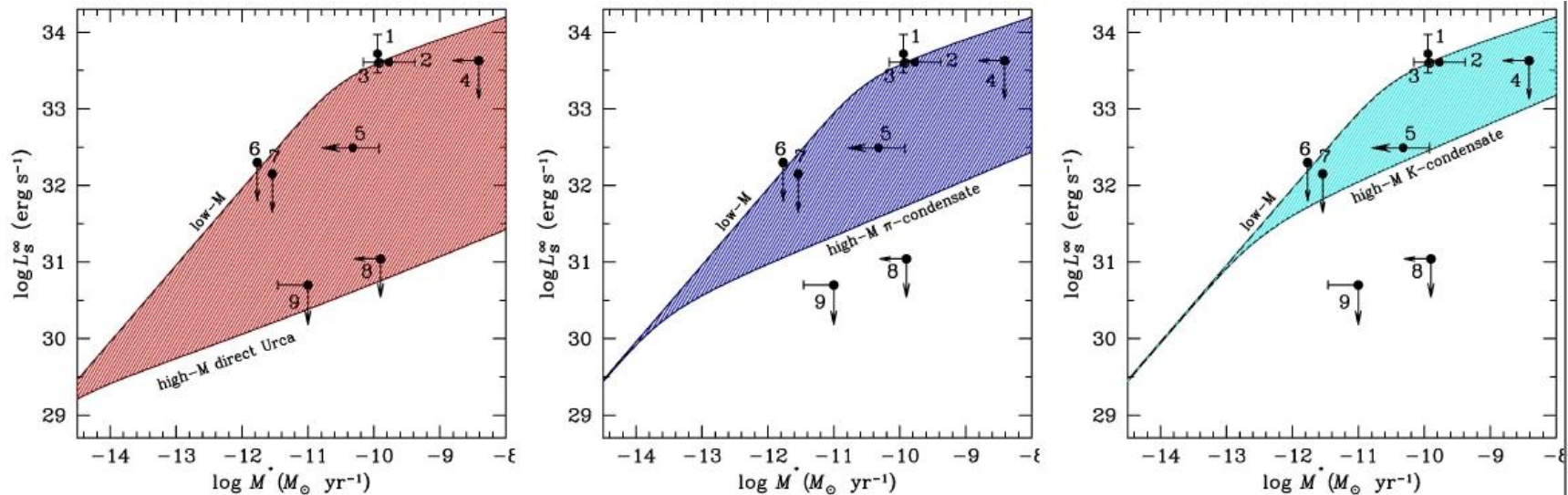
At  $Z=10$  (Ne) pycnonuclear reactions start.



Then a heavy nuclei can react again:



# Testing models with SXT



SXTs can be very important in confronting theoretical cooling models with data.

[from a presentation by Haensel, figures by Yakovlev and Levenfish]

# Theory vs. Observations: SXT and isolated cooling NSs

